



The X factor



New CBC series, *X Company*, delves into real Canadian spy stories. **PAGE 13**



SKATING SANS SPARKLE

Former figure skaters have nixed their sequined suits and embraced contemporary, urban ice dance. Montreal-based Le Patin Libre are set to perform at the Minto Skating Club on Feb. 27 and 28.

Story, page 7. COURTESY ROLLINE LAPORTE

MacLeod won't try to win Baird's seat

Politics. Something deeper may be behind MPP bowing out of second high-profile race, says U of O prof



TREVOR
GREENWAY

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Nepean-Carleton MPP Lisa MacLeod has now bowed out of two high-profile political opportunities, this time citing a lack of family time, but political experts say it's a "default" answer and maybe something else is going on.

Days after bowing out of the provincial Tory leadership race, MacLeod announced Tuesday she won't run to fill former foreign affairs minister John Baird's federal seat. She says she doesn't want to put her young daughter through another political campaign.

"We have been in constant campaign mode for close to five years," she said in a state-

ment, which confirmed she wants to make good on her commitment to represent her riding till 2018. An interview with MacLeod was cancelled last minute.

"Our nine-year-old daughter Victoria deserves a break from door-knocking, phone calls and late-night campaign meetings."

There may be more to it than that, one political observer suggests.

"She has now bowed out of two opportunities in a row, which leads me to think something fairly deep is going on within her psyche," said University of Ottawa law professor and Liberal party member Penny Collenette. "Unfortunately, the default position when anyone usually resigns from politics is they talk about their family."

Collenette sympathized with MacLeod and others who have trouble balancing family with politics. She said it's gotten better, especially with men taking a bigger role in family life, but she said there's still work to do to

help politicians balance that lifestyle.

"We demand an awful lot of our politicians," added Collenette. "We have to realize that everybody is human. Politicians deserve to have time with their families just as everybody else does."

Another University of Ottawa law professor Debra P. Steger isn't a politician, but built a successful law career while raising two kids and knows how challenging it is to find balance.

She said she was surprised at MacLeod's announcement as a federal seat would bring her geographically closer to home.

Steger is worried talk of poor work-life balance will deter young women from entering politics.

"We definitely need more women politicians," she said. "It worries me, because I think the younger generation that I teach at university, they don't want to live crazy lives. So, professionally they make choices and they don't go into the crazy professions."

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Grannies in a rage over transit toilets

Transportation.

Group belts out tune at environment committee asking city to ponder more potties in light rail transit plans



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They want places to pee while waiting for the LRT.

The Ottawa Raging Grannies could not hold it in at the environment committee on Tuesday. Wearing

hats, flowers and shawls, the colourful group belted out a tune asking the city to ponder more places to piddle in the light rail transit plans.

"The plans for the new LRT do not include toilets except for the very, very ends of the line and we're quite aware that with the number of people going through those trains and going through the turnstile, it's going to be a mess," said Cathleen Kneen, of the Ottawa Raging Grannies.

She noted there will be about 10,000 people an hour using the Confederation Line — including kids, older folks and those with Crohn's or colitis.

Look at these loos

Speaking of washrooms, Carleton University industrial design students will unveil their designs for a "proposed network" of accessible toilets on Thursday. The school is partnering with GottaGo!, a group that advocates for more and cleaner public toilets in Ottawa.

The city should budget for toilets now, rather than make costly retrofit repairs later, she said.

So far, councillors have not canned the idea for more cans, Kneen said.

Potties or not, the first

phase of the light rail transit system will open in 2018.

The Raging Grannies handed out the words to their song, which is to be sung to the tune of "Be Prepared, The Boy Scouts' Marching Song."

- When: Thursday, Feb. 19, 2015 from 11:30 a.m. until 12:30 p.m.

- Where: 1125@Carleton, 5110 Human Computer Interaction Building, Carleton University, 1125 Colonel By Drive, Ottawa

Bayshore mall

Police ask for public's help to ID man in sex assault

Police in Ottawa are asking for the public's help in identifying a man who sexually assaulted a woman at the Bayshore Shopping Centre Monday night.

The man is described as possibly Middle Eastern, standing under six feet tall. He was dressed in black clothing, with a black balaclava and white sneakers.

Anyone with information is urged to contact the Ottawa Police Sexual Assault and Child Abuse Unit at 613-236-1222 ext. 5944. Anonymous tips can also be called in via Crime Stopper at 613-233-TIPS.

TREVOR GREENWAY/METRO

Criminal investigation

Threat closes police stations

Ottawa police barred the public from accessing all of its police stations Tuesday afternoon after a threat was made by phone against a specific location in the city.

By 5:30 p.m., Ottawa Police tweeted that the stations were back open. Const. Marc Soucy only said that a criminal investigation is now ongoing and there is no concern for public safety. JOE LOFARO/METRO

Cyclist dead

Driver charged in fatal collision

Ontario Provincial Police have charged a 42-year-old South Glengarry man with careless driving in the fatal 2014 crash that killed a 62-year-old cyclist. The crash occurred Sept. 25 on Country Road 25 in South Glengarry Township while 62-year-old Francisco Teruel was riding his bike. Neither the driver nor his passenger were injured. Plette will appear in court March 31.

TREVOR GREENWAY/METRO



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FREE PARKING

Local environment committee votes to end Plasco contract

City waste. Decision comes days after Plasco applied for creditor protection

 **LUCY SCHOLEY**
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Ottawa is closer to officially cutting ties with Plasco.

On Tuesday, the city's environment committee unanimously voted to terminate its contract with the troubled waste incinerator company on Trail Road. Council gets the final say.

The decision comes days after Plasco applied for creditor protection to buy time while it seeks other investors.

After its contract termination is official, the company will have 18 months to shut down operations and remediate the site.

It's still unknown whether the site cleanup will cost taxpayers money, but City Manager Kent Kirkpatrick said he's "comfortable" it will not. The city also has a decommissioning security of \$300,000 from Plasco it can draw from, if needed,



Ottawa city solicitor Rick O'Connor addresses the environment committee on Tuesday. Also pictured, from left to right, are environmental services general manager Dixon Weir, deputy city solicitor Carey Thomson and Marilyn Journeaux, manager of solid waste services. LUCY SCHOLEY/METRO

to return the site to normal.

This year, city staff is reviewing its green bin program to see how much waste is left.

In the meantime, Ottawa is encouraging people to keep composting in the hopes of boosting the diversion rate (although council-

lors and staff have lauded the 51 per cent rate).

Somerset Coun. Catherine McKenney said Ottawa needs to better facilitate

green bin use in apartments and condos. Just 15 per cent of the city's multi-unit dwellings are participating in the program.

Composting and recycling has boosted the life-span of the city's landfill. Instead of maxing out in 2042 like once forecasted, city staff are now predicting it will have room in its landfill.

However, it's still important to research available waste management technology, said environment committee chair David Chernushenko.

"I think we have to look with the knowledge of what is the waste that needs to be dealt with, but the timeline could certainly change and the decision by council on whether we want to make a commitment or whether to defer that commitment," he said.

With the extended landfill deadline, Rideau-Goulbourn Coun. Scott Moffatt urged the committee to take its time on finding a waste management solution.

"I don't think we need to rush this," said Moffatt.

"We need to find out what's the best solution for our city."

Follow Lucy Scholey on Twitter @MetroLucy



Transit union head applauds Bill S-221 approval

Although OC Transpo has started to see a drop in the number of reported attacks on its drivers, the head of the local transit union said he is "very pleased" the House of Commons approved a bill that would see stiffer penalties slapped on people who commit such crimes.

On Monday, Parliament paved the way for Bill S-221 to become law and is expected to receive Royal Assent in the coming weeks. Once that happens, a court must consider a transit operator's profession as an aggravating factor when considering an appropriate sentence for someone convicted of an assault.

The law will also apply to school bus and taxi operators, as well as streetcar drivers, when the assault takes place while they're working.

Craig Watson, president

At a glance

Reported assaults against OC Transpo drivers:

- 2012. 68
- 2013. 73
- 2014. 50

OC Transpo assaults decreased in 2014 for the first time in three years, according to Watson, who attributes much of the decrease to public awareness campaigns about the bill.



Bill S-221 will force a court to consider a transit operator's profession as an aggravating factor when considering an appropriate sentence for someone convicted of an assault. METRO FILE

of the Amalgamated Transit Union local 279, said the legislation is more about public safety than just protecting transit operators.

"It's not just the driver. It's everybody around the driver that's at risk," he said.

"You can ruin so many lives by a stupid act and in most cases it's over a fare. Is it worth going to jail for that?"

In one case in Ottawa, a driver was punched while driving the bus and swerved into the opposite lane, Watson recalled Tuesday.

During a debate about the bill last October, Ottawa Centre NDP MP Paul Dewar spoke in the House about another case involving OC Transpo driver John Karagiannis, who was beaten by a passenger in April 2013. Karagiannis sustained a broken nose and broken ribs after a passenger dragged him off the bus and beat him up on Bank Street near Billings Bridge.

Paul Ness, 38, pleaded guilty to assault and was given a suspended sentence and one year of probation. The plea deal made between the Crown and defence at the time meant he would not serve any time behind bars.

Bill S-221 is expected to change that.

JOE LOFARO/METRO

Safety

More transit campaigns expected

More campaigns, including OC Transpo bus advertisements, could be coming soon.

"Once it is law we'll have the opportunity to publicize the fact that the law has changed and making it even more visible to people that if you're going to do this, if you're going to put the public at risk, you can expect that you are going to be punished harsher," said Craig Watson, president of the Amalgamated Transit Union local 279.

"It's no longer a slap on the wrist." JOE LOFARO/METRO



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Colville comes calling this spring

Art. Exhibition of the Canadian great is the highlight of National Gallery's 2015 program that also includes works by Chagall and Monet

 **SEAN MCKIBBON**
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The unsettling hyper-realism of late great Canadian painter Alex Colville will be the major attraction of the National Gallery of Canada's new exhibit season.

The gallery staged a preview of its 2015 program, and the Colville exhibit will be the centrepiece.

"(This) is an exhibition that was organized by the Art Gallery of Ontario and it was hugely successful when it was in Toronto this fall," said Adam Welch, the associate curator of modern Canadian art at the National Gallery. "This is the largest exhibition that's ever been organized

of his work. It's going to be around 250 of his works and really to show the complete range of almost 60 years of his practice. It's a very exciting show, and we're thrilled to have it."

Welch said the overview of the "much-loved" Maritime artist's career drew the largest attendance figures in the AGO's history.

Colville's work is famous for its portrayals of small snippets of mundane life that draw people into visual mystery stories with unsettling questions.

Questions such as: Why is there a horse racing toward a train in the middle of the night? What's the woman with the binoculars looking at? What's the man going to do with the gun? Who are the strange men peering out of kiosk peepholes at the bank? What is the relationship between the naked woman having a bath and the man in the robe standing behind the tub?

Colville's exhibit runs from April 23 to Sept. 7.

WITH FILES FROM MIKE CARROCETTO



Adam Welch, associate curator of modern Canadian art at the National Gallery, poses with an Alex Colville work entitled *Three Sheep* (1954) on Tuesday. Welch announced that a 250-piece Colville exhibition will come to the gallery this summer. MIKE CARROCETTO/FOR METRO

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Spies eye a final resting place to call their own

It looks like one of Canada's most historic graveyards is about to get a little, um, spookier.

The Canadian Security Intelligence Service (CSIS) wants to create a national burial site for its employees at Ottawa's Beechwood Cemetery.

The intelligence service and a society representing many former spies have approached Beechwood about reserving part of the venerable resting place for CSIS members and their families.

The cemetery, a short drive east of Parliament Hill, already has dedicated sections for the RCMP, National Defence and Ottawa police.

These areas are "an impressive and touching tribute to the service and sacrifices of Canada's men and women in uniform," CSIS director Michel Coulombe said in a letter to James Patterson, Beechwood's director of family services.

A CSIS-specific section would be a "welcome and appropriate addition" to the cemetery, Coulombe said in the July letter, obtained by The Canadian Press under the



The Canadian Security Intelligence Service wants to create a national burial site for its employees at Ottawa's Beechwood Cemetery. FRED CHARTRAND/THE CANADIAN PRESS

Access to Information Act.

"A preliminary survey indicated a significant amount of interest among employees in purchasing a plot," Coulombe wrote following a May meeting between Patterson and backers of the plan.

"The success of the endeavour will rely on careful and detailed planning of the site and monument."

Coulombe suggested further discussion after the cemetery offered to help set up a charitable fund to which people could donate money for the "development of and improvement to" the CSIS

National cemetery

Established in 1873, Beechwood is the burial place of luminaries including prime minister Robert Borden, physicist Gerhard Herzberg, NDP leader Tommy Douglas and poet Archibald Lampman.

- Six years ago, Parliament declared it the National Cemetery of Canada.

National Memorial Cemetery.
THE CANADIAN PRESS

Le Patin Libre putting a new spin on skating

NAC. Edgier dance production moves away from traditional figure-skating competitions

 **LUCY SCHOLEY**
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A troop of former figure skaters has glided away from the competitive spotlight and sparkly suits in favour of an edgier, urban style of ice dance.

Le Patin Libre, of Montreal, is like a contemporary dance team on ice.

The skaters spin and glide together as a group, but without the goal of points or a podium.

Alexandre Hamel founded the group in 2005 as a way to break out of the traditional skating competitions and make the sport more inclusive.

Le Patin Libre started as a freestyle, "more rock 'n' roll" style of skating on frozen ponds, but it has grown to grab the attention of the National Arts Centre, which is bringing the company to the Minto Skating Club later this month.

"Contemporary performance art is a more modest industry," Hamel said, before correcting himself. "It's not an industry. It's a more modest lifestyle and devotion than figure skating, where there's lots of money to be made."

Hamel skated nationally

and provincially in Quebec until he was 22 years old. His fellow skaters have similar backgrounds, except Jasmin Boivin, who is a DJ and former "urban ice dancer" in Europe.

Boivin composes Le Patin Libre's instrumental music, which leaves room for the sounds of blades scraping ice — something you're not likely to hear above the booming music of a figure-skating show.

While Hamel said Le Patin Libre has a more artistic flair than figure skating, it still draws largely from the dance of his former career. He likens it to the relationship between ballet and contemporary dance.

"Contemporary dance could not exist without bal-

let because the best contemporary dancers often needed that training in ballet," he said.

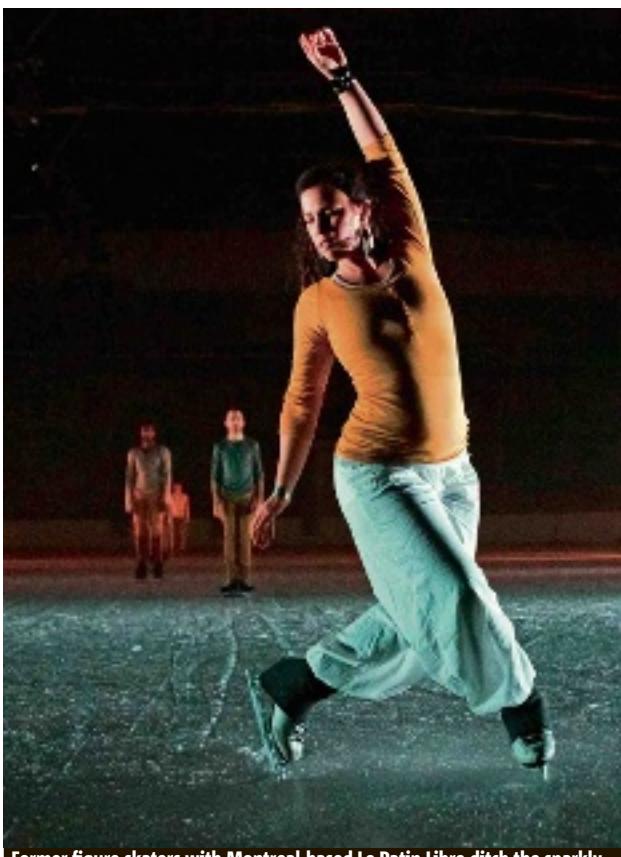
Samory Ba, a former skater in France, left his career about five years ago and said he was drawn to the energy of Le Patin Libre.

"We need traditional figure skating and we need, also, other approaches. So that's really the message," he said.

Le Patin Libre will perform a double-bill show called Vertical Influences, Feb. 27 and 28 at the Minto Skating Club.

Tickets are available at nac-cna.ca.

Follow Lucy Scholey on Twitter @MetroLucy



Former figure skaters with Montreal-based Le Patin Libre ditch the sparkly suits in favour of a contemporary, urban ice dance. ROLLING LAPORTE/CONTRIBUTED

Officer taking the plunge for Special Olympics



Ottawa police Insp. John McGetrick is taking the Polar Plunge on Feb. 21 at TD Place, in support of the Special Olympics Ontario Provincial Floor Hockey Championships in the spring. JOE LOFARO/METRO

An Ottawa police officer who hates cold weather is jumping into a garbage bin full of frigid water this weekend at TD Place — while wearing his uniform.

Duty Insp. John McGetrick is taking his first Polar Plunge Saturday with more than a dozen fellow police officers, including Chief Charles Bordeleau.

They're raising funds for the 2015 Special Olympics Ontario Provincial Floor Hockey Championships, taking place in Ottawa this year.

"I've never done anything like this before. Cold weather and I don't see eye-to-eye,"

the 29-year veteran police officer quipped Tuesday at Ottawa Police Service headquarters on Elgin Street.

"I hate walking to my car in the winter so it's going to be an interesting day."

The police force has raised more than \$17,000 so far for the floor hockey tournament to be held May 7 to 10 at Carleton University, but it is trying to reach its goal of \$25,000 by Saturday.

McGetrick, who will be the games manager that weekend, said the event can be a great source of inspiration to police officers such as himself, since they often are

exposed to people in distress.

"Folks don't call you to say, 'It's the best day of my life, I'm having a great day.' In policing you're always dealing with tragedy, conflict from a major, minor level," he said.

"You can have positive outcomes, but your experiences aren't generally as positive. And this is a chance to give back to the community in a real, positive way and see the good side of people."

Special Olympics Ontario said the event uses the power of sport to promote respect and inclusiveness among people with intellectual dis-

abilities.

The floor hockey tournament also serves as a qualifier for the national championship and will include 24 teams, nearly 400 athletes, 72 coaches and more than 400 volunteers.

After last weekend's blistering cold snap, it looks as though McGetrick will spared the bone-chilling deep freeze this weekend. Environment Canada's early forecast is calling for a balmy -10 C on Saturday.

The Polar Plunge will be held from 9 a.m. to 1 p.m. in the stadium.

JOE LOFARO/METRO

Bylaws

City lays 18 new charges against Uber drivers

Ride-sharing company Uber says the City of Ottawa's newest crackdown on its drivers will only hurt consumers who are looking for alternative transportation services to get around town.

The city said Monday it has filed 18 more charges against nine Uber drivers since Feb. 8, bringing the total number of charges against the San Francisco-

based company's local drivers to 44.

To date, 23 individual drivers have been charged under municipal taxi bylaws since the company began operations in Ottawa in October 2014.

Two drivers were charged with unlicensed taxi-driver offences, which come with a \$615 fine.

Another 21 drivers were charged with a combination of being an unlicensed taxi driver and operating an unlicensed taxi cab, the latter resulting in a \$260 fine.

"Bylaw and regulatory services are continuing to investigate illegal un-

licensed taxicab transportation activity and expect to lay more charges this week," wrote Susan Jones, general manager of emergency and protective services, in a Feb. 16 memo.

Uber, which has maintained since its launch it is a technology company and not a taxi company, said in an email statement to Metro it stands behind its drivers and provides them with financial compensation for such fines.

The company connects customers with drivers through smartphone app based on their location.

JOE LOFARO/METRO

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Train terror plot. Accused thought about triggering volcano blast, court hears

A man accused of plotting to derail a Canadian passenger train also thought about triggering a catastrophic volcanic blast in the United States, his trial heard Tuesday.

Testifying for a third week, an undercover FBI agent said Chiheb Esseghaier pondered the possibility of getting the volcano in Yellowstone National Park to erupt. Esseghaier, who is charged with various terror-related offences along with co-accused Raed Jaser, spoke of the "death and destruction" a blast could cause, court heard.

The Montreal PhD student from Tunisia was "very passionate" about the volcano in

the park, which straddles the borders of Wyoming, Idaho and Montana, the agent said.

Ultimately, however, he decided the idea was not feasible.

"No. We cannot do anything to make the volcano erupt. It's very deep. I don't have any access," Esseghaier apparently told the agent. "It was his conclusion that we need to focus on the project or projects," the agent told Superior Court.

Police arrested both Esseghaier and Jaser in April 2013.

Not-guilty pleas have been entered for both men. Cross-examination of the agent continues Wednesday.

THE CANADIAN PRESS

Funds. Tories criticized for vaccination education cuts

The Conservative government cut funding to a federal immunization program even as public skepticism about vaccinations was growing in the midst of the swine flu outbreak in 2009, documents show.

The Conservatives have cut funding to the program — an initiative that educates Canadians about the importance of immunization — by a total of 23 per cent since 2006.

On Tuesday, Liberal Leader Justin Trudeau took a swipe at Prime Minister Stephen Harper for the spending reduction as dozens of North American communities find themselves grappling with measles outbreaks.

"Will he stop his self-promoting, partisan government ads and invest instead, now, in a campaign that encourages parents to vaccinate their kids?" Trudeau said during the daily question period.



Liberal Leader Justin Trudeau

THE CANADIAN PRESS

The government has been "very clear" that Canadians should seek vaccines against a host of illnesses, Harper replied.

A 2006 report on the Public Health Agency of Canada showed the government had committed \$10 million to the federal immunization program. By 2014, that number had fallen to about \$7.6 million.

THE CANADIAN PRESS

\$128M to \$166M

Duelling estimates for ISIL mission

Canada's parliamentary budget officer is calling for changes to the law that governs his agency after the government stonewalled his efforts to put a precise price tag on the country's combat mission in Iraq.

Jean-Denis Frechette's latest report, released Tuesday, says the cost of the current combat mission against the Islamic State of Iraq and the Levant (ISIL) likely falls somewhere between \$128 million and \$166 million.

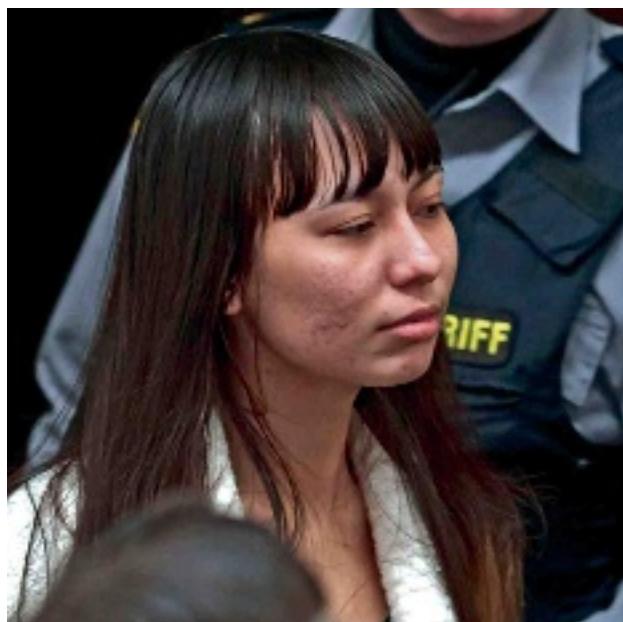
THE CANADIAN PRESS

Alleged sex abuse

Lawsuit against ex-Olympics CEO dismissed

A judge has thrown out a second sexual abuse lawsuit against former Vancouver Olympics CEO John Furlong. In a decision released Tuesday, B.C. Supreme Court Justice Miriam Gropper dismissed a claim filed by Grace West in 2013.

West alleged Furlong sexually abused her while he was a teacher at Immaculata Elementary School in Burns Lake in 1969 and 1970. THE CANADIAN PRESS



Lindsay Souvannarath, left, from Geneva, Ill. and Randall Steven Shepherd, from Halifax, appeared in provincial court Tuesday morning. The duo is facing charges of conspiracy to commit murder, among others. Police say the two were plotting a mass shooting in Halifax. PHOTOS: THE CANADIAN PRESS



A 'very unusual' case for Halifax

Crime. Two accused in alleged shopping mall threat make first court appearances



HALEY RYAN

Metro in Halifax

The man and woman accused of plotting a Halifax mall shooting sat on a bench separated by sheriffs, the woman with a small smile on her face and her chin slightly in the air, the man's blond hair falling into his eyes as he stared straight ahead.

Lindsay Kanitha Souvannarath of Geneva, Ill., 23, and 20-year-old Randall Steven Shepherd of Halifax appeared briefly in Halifax provincial court Tuesday morning and did not look at one another.

Both were arraigned on

charges of conspiracy to commit murder until their next appearance on March 6. Crown information submitted to the court shows Shepherd and Souvannarath also now face charges of conspiracy to commit arson, illegal possession of weapons for a purpose dangerous to the public, and making a threat through social media.

The RCMP say the accused were planning a mass shooting at the Halifax Shopping Centre on Valentine's Day.

"I would say (it is) very unusual for here, I certainly haven't encountered anything like it," Crown attorney Shauna MacDonald of the special prosecutions unit told reporters outside court.

The Crown says the offences occurred between Jan. 6 and Valentine's Day, and were carried out with James Lee Gamble, a 19-year-old man found dead in his Timberlea

Possible sentence

Conspiracy to commit murder has the potential to carry a life sentence

home on Friday.

A social networking website believed to be linked to Gamble features pictures of weapons, Nazi symbols and images relating to the 1999 Columbine High School massacre in Colorado.

Souvannarath walked into court first and sat wearing a white sweater, while Shepherd wore a black jacket and T-shirt, with his shoulder-length hair hanging in strands across his face.

A duty counsel lawyer said both needed time to find a defence lawyer and would not be seeking bail. MacDonald said their matters would continue

in provincial court until a trial is contemplated.

MacDonald said she had a "very limited" amount of disclosure, but more information is expected to come from police over the next few weeks.

After being asked why the case is considered conspiracy, MacDonald said it means the police allege two people have arrived at an agreement.

"It can be a conversation," MacDonald said.

Although the possibility of a mass shooting in Halifax shocked the city and county over the weekend, MacDonald said the Crown approaches every prosecution the same way, "recognizing the serious nature of the offence."

The fact Souvannarath is American may eventually have implications for her, MacDonald said, but has not heard anything about extraditing her to the U.S.

Anti-petroleum activists a possible threat: Mounties

The RCMP has identified "anti-petroleum" protesters as a potential security threat, fuelling concerns in Parliament that tough new anti-terror powers will be misused to target environmentalists, and other critics of the government's agenda.

The RCMP threat assessment says there is a growing "anti-

Canadian petroleum" movement made up of "peaceful activists, militants and violent extremists." The RCMP predict that as pipelines expand "criminal activity associated to the anti-petroleum movement will increase nationally" and calls such extremists "a realistic criminal threat." TORSTAR NEWS SERVICE

Quebec minister defends strip search of teen girl

Quebec's education minister is under fire for defending high school officials who strip-searched a 15-year-old female student they suspected of selling drugs — an incident that has shocked some but appears to be well within the bounds of Canadian law.

Yves Bolduc said the prov-

ince's schools have guidelines setting out how and when education officials can bypass police and order students to submit their clothing to a rigorous search.

"It's a question of security," Bolduc said in response to a report in the Journal de Montreal on Tuesday. TORSTAR NEWS SERVICE

Weapons

Putin suggests U.S. is sending arms to Ukraine

Russian President Vladimir Putin is suggesting that the United States is already delivering weapons to Ukraine.

At a news conference Tuesday in Budapest with

Hungarian Prime Minister Viktor Orban, Putin was asked how he assessed the possible consequences if the United States decides to supply lethal weapons to Ukraine in its fight against Russian-backed separatists.

He answered that "according to our information, these weapons are already being delivered."

THE ASSOCIATED PRESS

Copenhagen

No sign gunman was planning attacks

Despite a warning from prison authorities that the gunman behind a weekend shooting spree in Copenhagen was at risk of being radicalized in jail, Danish intelligence officials insisted

Tuesday they had no reason to believe he was plotting attacks after his release.

Omar Abdel Hamid El-Hussein was killed in a shootout with a SWAT team early Sunday after attacks on a free speech event and a synagogue that killed a Danish documentary filmmaker and a Jewish security guard and wounded five police officers.

THE ASSOCIATED PRESS

Security Council

UN to meet in emergency session on Libya

The UN Security Council will meet on Libya in an emergency session Wednesday, as permanent council members expressed support for a resolution on a response to the country's crisis.

The meeting comes as Egypt presses the council to take action after ISIL posted a video of the beheading of 21 Egyptian Coptic Christians.

At a meeting Tuesday between Egypt's foreign minister and the five permanent council members, "we agreed we would be working together on a draft resolution," Russian Ambassador Vitaly Churkin told reporters.

THE ASSOCIATED PRESS

France tracking many possible sleeper cells

Terror organizations.

France aims to intercept the radicalization process and treat jihadi material on the Internet as a criminal act

France is tracking hundreds of people believed to belong to possible sleeper cells for terror organizations like al-Qaida or the Islamic State of Iraq and the Levant (ISIL), the country's top security official said.

In an interview with The Associated Press, Interior Minister Bernard Cazeneuve laid out what has become an increasingly urgent question for European intelligence services: How to trace the moment when someone transforms from a disgruntled criminal or a disaffected citizen into a terrorist, and how to block those first steps toward radicalization.

"Four hundred targets have been identified by our intelligence services that are more or less sleeper cells, affiliated or in relation with al-Qaida-type organizations, that can strike like the Kouachi brothers," Cazeneuve said in an interview late

Monday.

Said and Cherif Kouachi were French-born brothers who killed 12 people in Paris on Jan. 7, when they stormed the satirical newspaper Charlie Hebdo. They were shot dead by police in a confrontation two days later.

Cazeneuve said he wants new measures to give intelligence services more leeway to monitor suspects' electronic communications. He is heading to the United States on Wednesday to try and persuade Internet giants to step up and help stem extremists' ability to use propaganda videos to recruit and indoctrinate new followers.

Facebook, Twitter, Apple and Google — all major vectors for increasingly sophisticated jihadi clips targeting potential followers in the West — will be among his stops in Silicon Valley.

"Ninety per cent of those who commit terrorist acts fall into it after regularly consulting websites or blogs that call for or provoke terrorism," Cazeneuve said.

With the news that the suspected gunman in the deadly Copenhagen attacks this weekend may have been radicalized

Quoted

"When you have terrorists who keep a low profile for years and then suddenly decide to act — either to obey an order from large terrorist organization such as al-Qaida or of their own volition — then you need to be able to monitor them on a long term."

French Interior Minister Bernard Cazeneuve

during a series of stints in jail — like at least two of the gunmen in the Paris attacks last month — Cazeneuve's trip to the U.S. to strengthen intelligence sharing between governments and win over the tech firms takes on added importance.

The pace of foreign fighters joining ISIL and other extremist groups has not slowed and at least 3,400 come from Western nations among 20,000 from around the world, U.S. intelligence officials say.

THE ASSOCIATED PRESS



Kosovo marks 7th anniversary of independence

A combination of pictures shows people gathering on February 17, 2008 (top) around the Newborn monument in Pristina and (bottom) seven years later on February 17, 2015. Kosovo marked a sombre seventh anniversary of independence from Serbia as the mainly ethnic Albanian territory grapples with an exodus triggered by deep economic malaise. ARMEND NIMANI/AFP/GTETT IMAGES

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The Strong. Museum adds Video Game Hall of Fame

The museum that houses the National Toy Hall of Fame announced Tuesday the creation of the World Video Game Hall of Fame to recognize the impact such games as Pong and Grand Theft Auto have on culture and society.

"Electronic games have changed how people play, learn and connect with each other, including across boundaries of culture and geography," said G. Rollie Adams, president and chief executive of The Strong museum in Rochester, N.Y., where the new hall is located.

The toy hall of fame will provide the model for the video version, which is dedicated to arcade, console, computer, hand-held and mobile games.

Anyone will be able to nominate a game, and an internal advisory committee will choose finalists. An annual class of inductees will be chosen by an international selection committee of journalists, scholars and other video game experts based on four criteria: icon-status, longevity,



Pong, one of the earliest video games, will be one of the inductees in the new World Video Game Hall of Fame. SEAN GALLUP/GETTY IMAGES

ity, geographical reach and the influence it has had on the design of other games, entertainment, popular culture and society in general.

Nominations for the inaugural class are being accepted through the end of March.

The Strong's collection includes more than 55,000 video games and related artifacts, along with personal papers and corporate records that document the history of video games.

THE ASSOCIATED PRESS

Market Minute

DOLLAR
80.81¢ (+0.56¢)

TSX
15,284.61 (+19.80)

OIL
\$53.53 US (+75¢)

GOLD
\$1,208.60 US (-\$18.50)

Natural gas: \$2.759 US (-4.5¢)
Dow Jones: 18,047.58 (+28.23)

Employment

Bill aims to protect unpaid interns

Parliament is debating an NDP private member's bill that would give unpaid interns workplace standards and safety protections under the Canada Labour Code.

The bill, tabled last spring by Quebec MP Lauren Liu, would ensure that all internships are linked to educational programs and primarily benefit the intern, not the employer.

THE CANADIAN PRESS



Sprout Pharmaceuticals, the makers of flibanserin, the so-called female-sex-drive pill that has been twice rejected, said Tuesday it is resubmitting its application.

THE ASSOCIATED PRESS FILE

Makers of 'female Viagra' trying again for approval

Flibanserin. FDA holding back because of pill's lacklustre effectiveness and side effects such as fatigue, dizziness and nausea

The makers of a twice-rejected pill designed to boost female libido are resubmitting their drug to American health regulators, following a recent lobbying blitz by politicians, women's groups and consumer advocates aimed at pushing it onto the market.

Sprout Pharmaceuticals said Tuesday it is resubmitting its application for the drug, flibanserin, adding new information requested by the Food and Drug Administration about how the pill affects driving ability. FDA scientists requested that data after their most recent rejection of the drug, in part due to results showing nearly 10 per cent of women in company trials reported sleepiness as a side effect. The company studied women's driving ability the morning after taking flibanserin compared with women taking a placebo and a common sleeping pill.

If approved, Sprout's daily pill would be the first drug for women who report a lack of sexual desire, a market

that drugmakers have been trying to tap since the blockbuster success of Viagra for men in the late 1990s. But the drug has already faced a long, winding review at the FDA because of lacklustre effectiveness and side effects including fatigue, dizziness and nausea.

In an effort to break the regulatory logjam, groups sponsored by Sprout and other drugmakers have begun publicizing the lack of a "female Viagra" as a women's rights issue.

"Women deserve equal treatment when it comes to sex," states an online petition to the FDA organized by one group, Even the Score, which

Different approach

While earlier female libido drugs worked on hormone levels, flibanserin is the first attempt to increase sexual desire by acting on brain chemicals linked to appetite and mood.

- If approved, flibanserin would be labelled for premenopausal women with hypoactive sexual desire disorder, described as a lack of sexual appetite that causes emotional distress.

garnered 25,000 supporters.

THE ASSOCIATED PRESS

Fallout

"If Greece were to leave the euro, the financial chaos ... could also spell the end of the Syriza-led government."

Jane Foley, analyst at Rabobank International, referring to the radical party that won elections in Greece last month.

years often run into moments of brinkmanship, often with Greece. Each time, a deal was clinched eventually.

Both sides want to avoid

the worst-case scenario in which Greece is cut off from aid and has to leave the euro. That would devastate Greece's economy and rock financial markets.

Greece and its creditors are on borrowed time. Greece's European bailout program ends after Feb. 28 and the longer a deal is not found, the more jittery markets are likely to get. Greece's government borrowing rates are rising steadily, a sign investors are more wary of a potential bankruptcy.

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Greece faces day of reckoning

Despite all the tough talk and ultimatums, Greece and its creditors in the 19-country eurozone are still expected to cobble together some sort of deal that will allow the country to remain a member of the euro currency.

Investors and European policymakers are not panicking despite a breakdown in talks between the two sides over the new Greek government's attempt to renegotiate its financial bailout.

That's likely because they've been here before — the eurozone has in recent

VOICES

MY CAT IS ALMOST FAMOUS

4,500 photos, 10,000 Instagram followers and one hell of a cute feline: What Stash the Moustache Cat has taught me about making it on the Internet



Stash the cat has surpassed the 10,000 followers mark on Instagram. **ELISHA DACEY/INSTAGRAM**

 **ELISHA DACEY**
readers@metronews.ca

I have taken about 4,500 photos of my cat in the past year.

I am not a crazy cat lady. I mean, I love my cats but I never took 4,500 photos of my previous pets. Or my kid. (Well, I might have taken that many of my kid.)

I am the owner of Stash the Moustache Cat. He was an experiment in going viral that's proven that to be almost famous on the Internet, you just need something really remarkable — and a lot of luck. And it helps if it's a cat.

Stash was just your average family pet (with a distinctive moustache marking on his face) in January 2014 when we at Metro decided to see if we could make him go viral.

Cats with moustaches are actually a thing online. They're called Kitlers. This is something I learned over a month of posting his photos on Instagram. When the month was done, Stash had about 1,000 followers. Not bad, but hardly viral.

So I decided to keep going on my own, posting roughly four photos a day of Stash getting belly rubs, freaking out at the patio door over the backyard bunnies and falling off of things.

It's been a year, and Stash has passed the 10,000-follower mark on Instagram. His follower count grew by 2,000 in only one night when another popular Instagram account asked me if it could feature him. His popularity is weird and hilarious to me.

Here's what I've learned:

1. Cat people are obsessed. Some people love Stash as much as they love their own kitties.

They get very upset or worried if I don't post enough photos. I once posted a photo of Stash in a carrier and said we were off to the vet. It was time for his annual checkup, and we also shaved him down for the summer.

Not only were people genuinely worried something was wrong with him, I had a few people leave comments about how mad they were that I would shave my cat's fur. Stash is a real part of some of his followers' lives, and yet he's never met them.

2. The online cat community is a bully-free zone. Jerks are not tolerated.

3. When I post, I pretend that Stash is speaking. I can't believe the number of people who talk to him like he's a human.

4. The quality of the photo matters. Good photos always get more likes than mediocre ones.

5. That said, sometimes the mediocre photos get more likes, simply because a well-connected person shares the photo.

6. Stash's formula for success: good photo with mildly amusing caption, and the photo MUST contain the moustache in some way.

The experiment will continue. I will keep posting photos between meetings, in the elevator, on my lunch break, even during my daily conference call with the other Metro editors (sorry, guys).

Stash isn't viral. There are a lot of Internet Kitlers. But we've built a community 10,000 strong. Not bad for a clumsy cat with a moustache.

Elisha Dacey is the managing editor of Metro Winnipeg. Find her at elishadacey and find her cat on Instagram at StashTheMoustacheCat.

Watching the red carpet doesn't make me a bad feminist

 **MELISSA DUNNE**
readers@metronews.ca

With the Academy Awards mere days away, people are talking—and not just about who will take home those little gold statuettes.

The question 'Who are you wearing?' will be asked over and over again on Sunday. I may be a card-carrying feminist but I still love the Oscars pre-show, particularly the inherent snarkiness of the question and the silliness of the red carpet in general. Other feminists disagree.

The 'Who are you wearing?' query has become just one example of what some see as a deeply shallow and sexist ritual. The backlash went into overdrive this awards season when comedian Amy Poehler's Smart Girls community Twitter page posted: "The #RedCarpet is open and we want the media to #AskHerMore! Let's go beyond 'who are you wearing?' and ask better questions! #GoldenGlobes."

Um, I have a question: Really? The bad queries are half of the fun. When I'm watching award pre-shows I don't want to hear opinions from men or women on the Keystone XL pipeline. I want to know more about their extra-

gant outfits. Isn't that the point of the hours-long parade of Chanel and Dior and Armani, anyway? There is a time and a place for everything. The red carpet is the time and place to celebrate the glitz and glamour of Tinseltown, not ask the hard-hitting questions.

There is no denying women tend to get asked more about fashion and diets than their male counterparts. BuzzFeed, with tongue firmly in cheek, found a fun way to make sure the men were also asked some lighter questions before the BAFTA Awards. The men's answers to what they were wearing, if they would twirl, and whether they were donning Spanx, were revealing and hilarious.

And that's the point. The red carpet can be laughable; the questions should be equally so. The time to ask the male directors and producers who still largely control Hollywood some seriously tough questions is after the awards are handed out. My suggestions? Why are women often relegated to playing moms and wives once they hit 30? Can you not promote more than one standard of female beauty? Why are there not more women directing films? What's with the wage gender gap in Hollywood?

Let's #AskHimMore.

I probably risk getting my feminist card revoked for saying this, but I don't think many female stars want to be asked more at these events. These stars are savvy businesspeople choosing to walk the carpet to promote themselves, their projects and, ahem, their brand synergies.

The Oscar-winning actor Charlize Theron, for instance, always looks glorious clad in Dior. Why? Because she has a long-term advertising deal with the French fashion house. She also reportedly demanded equal pay for her upcoming flick *The Huntsman* after the Sony hack revealed her male co-star, Chris Hemsworth, was getting paid substantially more than her. I bet if asked about the pay discrepancy on a red carpet she would decline comment. Ask about her dress, and surely she'd purr: "J'adore Dior!"

The late, great Joan Rivers is said to have first posed the sartorial query in the '90s. The comedian once defended her ubi-

quitous and controversial catchphrase, telling Entertainment Weekly, in part: "Other reporters always said, 'I'm not going to ask that. I'm going to ask how (the actors) feel politically!' But actors don't want to hear that!" She was right, for the most part.

Some stars, such as Theron's paramour and two-time Oscar winner Sean Penn, have a penchant for droning on about their political views, whether asked or not. Let's hope someone has the nerve to ask the prickly Penn who he's wearing the next time he's on red carpet. What could be sillier and snarkier than that?

Melissa Dunne is a Toronto-based freelance writer.



Charlize Theron in Dior at the 2013 Oscars. With a lucrative Dior contract, Theron is probably all too happy to promote what she's wearing on the red carpet, argues **Melissa Dunne**. GETTY IMAGES FILE



Gossip

NED EHRBAR

METRO'S TAKE ON
THE WORLD OF
CELEBRITIES



Iggy Azalea DAVID LOPERA

Spanish artist big ups A-listers



This should make the debate about body image issues a little more interesting. While famous women suffer punishing work-outs to tone up and slim down, a 20-year-old Spanish artist is taking to Photoshop to plump them up. Like, by a lot. David Lopera has been doing custom images for clients making celebrities like Iggy Azalea, Kim Kardashian, Katy Perry and Mila Kunis significantly rounder. And, he tells the Daily Mail, business is booming.

"Men are always writing to me asking if I can make their (celebrity) crushes look a bit fatter," he says. "These women look much better when they're overweight ... Look at my pictures and you will see that big is beautiful."

Katy Perry DAVID LOPERA

All kowtow to the Tao of Kanye

Kanye West has been in rare form lately, between the Grammys and New York Fashion Week. And in his lengthy interview with Style.com's Dirk Standen, he doesn't disappoint. Here, completely free of context, are some brand-new, appropriately epic Kanye quotes, ready to be applied to your own daily teachings so you can live your best life.

• "I dislike the concept of chic being the highest compliment for a human being. I'd rather someone be nice than to be chic."

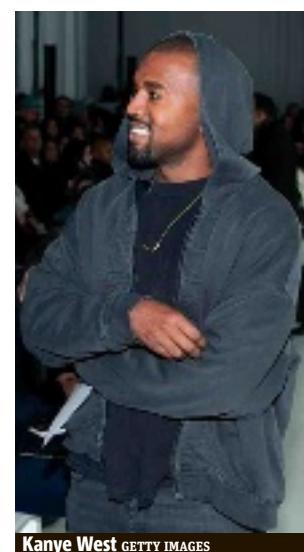
• "I'm not going to try and act like I was influenced by a f-king dog walking down the street that broke its ankle that I had a heart-

felt discussion with. I had a heartfelt discussion with all of these f-king Helmut Lang images that I stared at for so many years. I had a heartfelt discussion with my Tumblr."

• "This audience isn't on my side, anyways. It's the fashion audience. They're not even on their own side."

• "I'm a human being. I've got opinions, I'm not always right, I'm not always on time, I don't always say things in the proper way, but my intentions are always extremely pure. My purpose is extremely just."

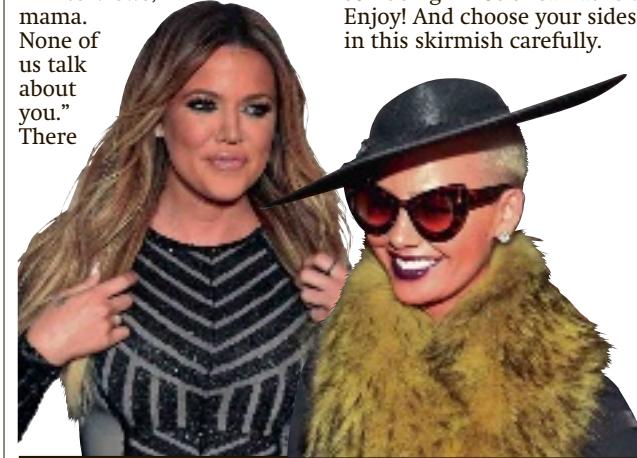
• "I won't even call it the runway. What would you call a place where a military brigade stands? It's no longer called the runway for me."



Kanye West GETTY IMAGES

Amber Rose kuts Khloe to the kwik with Kylie kwip

What started out as some pretty decent shade-throwing by Amber Rose over rapper pal Tyga taking up with 17-year-old Kylie Jenner has broken out into an all-out Twitter war. Rose first angered the Kardashian clan by telling Power 105 that Jenner is "a baby, she needs to go to bed at 7 o'clock and relax." Which doesn't seem like such terrible advice, but tallest Kardashian Khloe mounted a tweet-based offensive on Rose. "Please don't worry about my sister who has a career and her s--- together at only 17... Please stop talking about us in interviews, mama. None of us talk about you." There



Khloe Kardashian and Amber Rose. GETTY IMAGES

Bieber gets a good old-fashioned egging



Justin Bieber GETTY IMAGES

Things are off to a messy start in the promo run-up to Justin Bieber's much-hyped roasting at the behest of Comedy Central next month. In the first video clip for the event, the tiny Canadian terror is pelted in slow-mo with eggs, hearkening back to his previous arrest for doing the same to a neighbour's house, as the video teases, "Watch Justin Bieber learn how poor, defenceless houses feel." Also, can we do something about Bieber's apparent allergy to shirts? I know he put a lot of time into all those tattoos and wants to show them off, but still.

Jessica Williams 'super not right' for Jon's job

In the immediate aftermath of Jon Stewart announcing his departure from The Daily Show, a lot of people across the Internet voiced their support for current Daily Show correspondent Jessica Williams to take over. Well, Williams heard you, but will have to politely decline. "I'm not hosting. Thank you, but I am extremely under-qualified for the job," she tweeted. "I am super not right for it, but there are quite a few people who are. Can't wait to stick around and see what happens."

Jessica Williams GETTY IMAGES



Decoding life at a Canadian spy camp

Series debut. New CBC show X Company depicts agents being trained at WWII espionage school

It's 1942 and a group of Allied agents are training at a top-secret facility — not in Europe, but on the shores of Lake Ontario.

The premise behind the new CBC series *X Company* stems from a part of Canada's Second World War history that many don't know about, say the stars.

"It really is this thing to be proud of for Canadians," said Dustin Milligan, who was born in Yellowknife and played Ethan Ward on CW's *90210*. "In a lot of ways, modern espionage, modern spy craft was developed in Canada."

Debuting Wednesday, *X Company* centres on Camp X, which was a spy school on the Whitby-Oshawa border.

The facility trained hundreds of secret agents to work behind enemy lines. It also had a state-of-the-art telecommunications centre.

Milligan plays Tom Cummings, an American advertising expert who specializes in propaganda and manipulation. His co-stars include Evelyne Brochu as Aurora Luft, a French-Canadian/Jewish-German journalist who is recruited into Camp X after joining the Resistance in France.

Connor Price plays Harry James, the youngest of the spies who acts as the radio operator and explosives expert. The five agents at the training centre were plucked from their everyday lives to become spies and their vulnerabilities show while they're in the field.

The other spies are played by Jack Laskey and Warren Brown. Other cast members include *Flashpoint* star Hugh Dillon as the leader of the camp and Lara Jean Chorostecki as the leader of the all-female staff of the telecommunications centre.

Mark Ellis and Stephanie Morgenstern created and wrote the series, which is a Canadian-Hungarian co-production that was shot over three months in Budapest.

Quoted

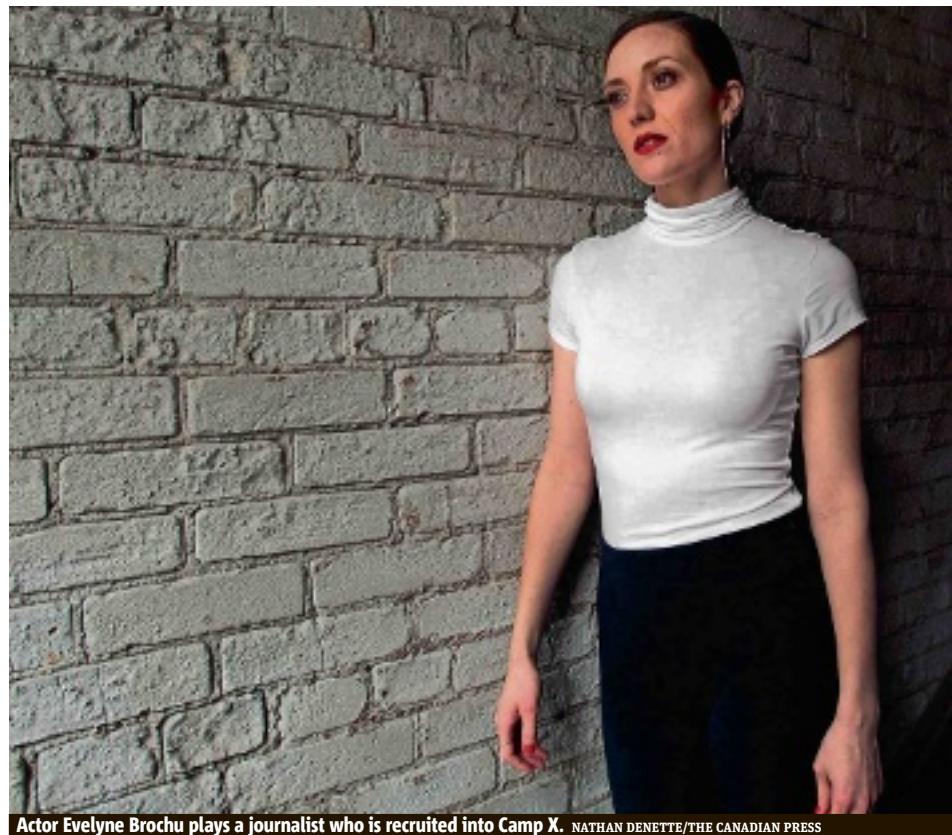
"They're not perfect and they're not super-heroes. They are heroes, though, and to me that's extremely relatable."

Montreal-born Evelyne Brochu, who co-stars on the CBC series *X Company*. She also played a French scientist on *Orphan Black*.

In the first episode, the spies are in France. As they embark on a dangerous mission, viewers also see the perspective of the Nazis. "Our show has this really unique way of painting even the guys, seen as the villains, in a light of humanity," said Price, a Toronto native whose credits include the series *The Dead Zone* and the film *Good Luck Chuck*.

"You see their backstory, you see their motives — they're even justified in a way. So as you're watching it, you're torn between two sides, as crazy as it is. The viewing experience becomes much more personal as you relate to these real people in this real situation."

THE CANADIAN PRESS



Actor Evelyne Brochu plays a journalist who is recruited into Camp X. NATHAN DENETTE/THE CANADIAN PRESS

Things are about to get 'much worse' on *How to Get Away With Murder*

Loyal fans of *How to Get Away With Murder* aren't the only ones delighting in the shocking twists and turns of the tense serial. Canadian star Katie Findlay is also revelling in the show's wild plot developments as the two-hour finale nears.

And with heat intensifying for everyone involved in the murder of philandering university professor Sam Keating, Findlay resolutely assures fans: "Everything gets much worse."

The lithe brunette, who plays trouble-prone goth girl Rebecca Sutter on the dark drama, says these remaining episodes are all about hardbitten defence lawyer Annalise Keating, played by Viola Davis, scrambling to save herself and her guilty students.

"This half of the season is Annalise in damage control, like major major damage control," Findlay notes in a recent interview from her apartment in Vancouver.

"And even among the kids, none of the previous alliances or discomfort or tensions are really allowed to matter any more. So they still exist, and everyone's uncomfortable, but they sort of have to try to put

it aside as much as possible and that ends up blowing things up even more."

Desperation certainly seems to have set in for Keating and the Keating 5. Last Thursday's episode ended with Annalise planting evidence that suggested her lover Nate (played by Billy Brown) was involved in Sam's death.

Meanwhile, her anxious law students are increasingly unhinged by the investigation, as well as stunned at the lengths Annalise will go to protect them. "These back episodes sort of turn into a psychodrama because the ideas of a lot of things start to sort of eat away at the kids and at Annalise," says Findlay.

"So things that seemed relatively harmless before sort of become brainworms and burrow in there and start to disturb everyone or make everyone paranoid."

Then there's the matter of Lila Stangard's murder. Findlay says the night of her death will be revealed soon, including Rebecca's role. "This whole situation with Lila and what went down has kind of been

ground zero for Rebecca be-



Series' Canuck star

Vancouver is still home

After wrapping the season late last month, Findlay says she's now enjoying some downtime in Vancouver, which she still considers home. Although the series shoots in Los Angeles, the 24-year-old says she's resisted making an official move to Hollywood, considering herself to be "just super, super Canadian."

"I've never not lived in Canada so I have my apartment in Vancouver as more of a safety blanket. Even though I'm hardly ever here, it's really nice to come back to." *How to Get Away with Murder* airs Thursdays on CTV and ABC.

Canadian actor Katie Findlay plays Rebecca Sutter on *How to Get Away With Murder*.
CRAIG SJODIN/ABC

Comedy. Samberg chats about cocky cop character

a kid, so maybe he's not the best dad?

Not the best dad ... but certainly not without his charms.

Jake always has these incredibly detailed backstories for the personas he takes on for undercover work. Do you invent any of those, or does that all come out of the writers' room?

Writers room. They're really good, man. They write things in a way that it would seem like we were making it up because it feels really spontaneous and creative and insane, but it's better than that. It makes us all look like we're really cool and smart, but we're not. They are.

What's coming up for Jake this season?

We're going to see an episode

with him and his dad, who's

played by Bradley Whitford.

We all know he left Jake as

LISA WEIDENFELD/METRO IN BOSTON



Andy Samberg FRAZER HARRISON/GETTY IMAGES

3

WEEK

Twice the fun in the sun

Island hopping.

A trip that combines stops in Dominica and Barbados offers equal parts adventure and relaxation

When the urge to escape the winter grind strikes, and you don't want to just relax on the beach, you need to find a sun destination that also offers a mild dose of adventure. Enter the Caribbean islands of Dominica and Barbados, each with its own allure.

Getting dirty in Dominica

A rugged, hard-to-reach, self-proclaimed "nature island" dropped into the Lesser Antilles, Dominica is as far away from the all-inclusive Caribbean experience as you can get. Instead of bands of tranquil beaches crawling with tourists, it's covered with lush rain forest and enough trails to keep you hiking for weeks.

Climb down Wavine Cyrique, a vertical trail of tangled mangrove roots and improvised rope ladders.

You'll quickly learn that Dominica always rewards a struggle. When you reach the bottom, you'll find yourself in a scene straight out of *Pirates of the Caribbean* with a secluded black sand beach, a waterfall shooting off the cliff into the rough sea and a coconut tree swaying lazily in the breeze.

Dominica is full of small astonishments like that. After scrambling over muddy rocks and wading through rivers for an hour, you'll suddenly find yourself faced with a powerful waterfall emptying into a basin



The beach in Speightstown, Barbados, where Juma's Restaurant is located. PHOTOS: THE ASSOCIATED PRESS



Wavine Cyrique in Dominica is a tangled trail of mangrove roots and improvised rope ladders.



Hikers are rewarded with great sights in Dominica.

of turquoise water—perfect for swimming. Snorkelling, you'll not only enjoy watching neon fish and sea cucumbers, but thanks to the island's volcanic activity, you are surrounded by sparkling bubbles that give the spot its name: Champagne Reef.

At night, you can curl up in a comfortably furnished yurt at a property called Mermaid's Secret, falling asleep

to the calls of crickets and frogs.

But sometimes you need a "vacation from the vacation," as they say. Dominica's isolated natural beauty enchants, but after five days of exploring, your muscles may be tied up in knots and legs criss-crossed with scratches. Before heading back to snow, make time for that perfect beach day by tacking Bar-

bados onto your itinerary.

Beach on a budget in Barbados

Barbados is on Dominica's flight path (flights also pass through Antigua) and it's also relatively easy on the wallet. Its postcard-perfect beaches are free and public transportation is simple to navigate. Almost every time you step onto the street, a van pulls

If you go...

- **Dominica.** Wavine Cyrique, located south of Rosalie. Mermaid's Secret, in Rosalie, mermaids-secret.co.uk, \$89-\$99 a night. Champagne Reef Dive & Snorkel: champagnereef.com
- **Barbados.** Juma's Restaurant, No. 2 West End, Queen Street, Speightstown, jumasrestaurant.com. Oistins Fish Fry: barbados.org/oistins-fish-fry.htm

up, ready to whisk you away.

With a little legwork you can find perfectly secluded beaches in Barbados. Juma's Restaurant, in Speightstown, is an easy favourite. Pool-calm waters, an immaculate stretch of sand and free use of lounge chairs and umbrellas make it the island's best-kept secret. For an inexpensive lunch you can buy a sandwich for \$5.

On the other side of the island, try Bottom Bay. With its dramatic cliffs and foamy waters, it's clear to see why it's popular for fashion shoots. There are no restaurants nearby, so pack a picnic, but you can buy a pina colada in a fresh coconut on-site. Still, there's a time and place for crowds in the Caribbean. On Friday nights, tourists and locals alike descend on Oistins Fish Fry, an outdoor bazaar of restaurant shacks that fix up overflowing plates of fish, plantains and macaroni for \$15. As the night goes on, the music turns up, more locals join in, and the stage becomes a freewheeling dance scene where everybody shows off their moves.

THE ASSOCIATED PRESS

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Eggs, sausage and potatoes belong together

Brunch. This Spanish Chorizo Tortilla, which is Spain's version of an Italian frittata, makes use of pantry staples for an easy and filling meal

 DINNER EXPRESS
Emily Richards
food@metronews.ca

FLASH FOOD

 From your fridge to your table in 30 minutes or less

I love trying new things in the kitchen. It is fulfilling to get creative and share my passion of food with people.

That passion was my inspiration for this Spanish Chorizo Tortilla, which is the Spanish version of an Italian frittata.

This recipe is easy enough for a weeknight meal to be served up with a crisp salad, but versatile enough to serve for brunch with family and friends.

Look for chorizo sausage in the grocery store where other cured sausages are sold. You can find mild or hot varieties.

Don't have enough eggs? Use six eggs and half a cup (125 ml) of 10% cream instead of the eight called for in the recipe.



This recipe serves six to eight. EMILY RICHARDS

To ovenproof a nonstick skillet that has a wooden or plastic handle, simply wrap it in foil before putting it into

the oven.

Directions

1. In a large ovenproof non-

stick skillet, heat oil over medium-high heat and cook potatoes, onion and garlic for 5 minutes, stirring often.

2. Add broth, reduce heat to medium-low and cover and cook for about 10 minutes or until potatoes are fork tender.

Ingredients

- 2 tbsp (25 ml) extra virgin olive oil
- 4 small yellow fleshed potatoes (about 1 lb/500 g), cut into 1/2 inch (1 cm) pieces
- Half small red onion, chopped
- 3 cloves garlic, minced
- 1/2 cup (125 ml) chicken or vegetable broth
- 1 pkg (250 g) chorizo sausage, sliced
- 1/4 cup (50 ml) chopped fresh Italian parsley
- 8 eggs
- 1 tsp (5 ml) paprika
- 1/4 tsp (1 ml) each salt and pepper
- 1/3 cup (75 ml) shredded Manchego cheese (optional)

3. Uncover and add chorizo and parsley and cook, stirring for 2 minutes.

4. In a large bowl, whisk together eggs, paprika, salt and pepper and pour into skillet. Increase heat to medium and cook lifting edge with rubber spatula letting runny egg go to the bottom for about 3 minutes or until bottom is light golden and sides are starting to set.

5. Place skillet in 400 F (200 C) oven and bake for about 10 minutes or until knife inserted in centre comes out clean.

6. Sprinkle with cheese if using and broil for about 2 minutes or until golden on top.

A devil-may-care approach to party snacks



This Deviled Egg Toasts recipe serves eight. MATTHEW MEAD/ THE ASSOCIATED PRESS

the heat and let sit for 12 minutes. After 12 minutes, drain the eggs and run under cold water until the eggs are cool to the touch. Let sit another 10 minutes.

THE ASSOCIATED PRESS/ELIZABETH KARMEL, A BARBECUE AND SOUTHERN FOODS EXPERT, AND AUTHOR OF THREE BOOKS, INCLUDING TAMING THE FLAME.

4. Peel the eggs. You don't need to worry about keeping the egg whites intact. Cut each egg in half lengthwise and remove the yolks. Set 4 whites aside on a platter and reserve the rest for another use. Place all 12 yolks and the 4 reserved whites in a food processor. Pulse several times to chop.

5. Add the mayonnaise, butter, mustard, lemon zest and juice, garlic powder and hot sauce. Pulse until smooth. Taste, then season with salt. Spoon the mixture into a pastry bag or quart-size plastic bag. Snip off one corner of the bag, then squeeze to pipe some of the egg mixture onto each of the toasts. Top with pieces of bacon.

1. Heat oven to 250 F. Mist a rimmed baking sheet with cooking spray.

2. To prepare toasts, slice baguette into thin rounds. Arrange rounds in single layer on the prepared baking sheet, then mist the tops with cooking spray. Bake for 25 to 30 minutes, or until dried and crisp.

3. Meanwhile, to prepare deviled egg topping, place the eggs in a large saucepan. Add enough cool water to cover by 2 inches. Set the pan over medium-high heat and bring to a boil. As soon as the water boils, cover the pan, turn off

Ingredients

- Half a baguette (8 to 9 oz)
- 1 dozen large eggs
- 1/3 cup mayonnaise
- 5 tbsp unsalted butter, softened
- 1/4 cup Dijon mustard
- Zest of 1/2 lemon
- 1 tsp lemon juice
- Pinch garlic powder
- Hot sauce and kosher salt to taste
- 1/2 cup chopped crisped bacon

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Win the game by remembering their name

Career. Six tips to help you recall all of your professional acquaintances

LAUREN MARINIGH
TalentEgg.ca

Meeting person after person at a networking event, your first day at work, or even in a group of new friends, can be overwhelming. Many individuals say they have a hard time keeping track of names and faces.

But how great is it when you bump into an acquaintance and they remember your name?

It instantly makes you feel more connected to that person, even if you've only met them once before.

Moreover, remembering names can make a connection all the more personal and earn you serious brownie points when you're competing with countless others for a job.

It turns out that forgetting names is actually extremely common.

When we meet people, there are often multiple distractions — it's easy to forget to actually listen and absorb their name when you're taking in everything else about them.

Here are some tips and tricks you help you remember names while you're networking every time:

Repeat the person's name as soon as they say it.

If someone introduces themselves as Julie, say something like, "Hi Julie, great to meet you."

Throughout the conversation, continue mentioning



Can you think of anything more flattering than when someone you met for a split second remembers who you are? iSTOCK

their name. You can do this by asking a question and adding their name: — for example, "So Julie, whereabouts do you work?"

Take their business card

If someone offers you their business card, remember to read it after your interaction. Seeing someone's name in print often helps you not only to recall their name, but their position or title. If someone doesn't offer you their business

card right away, then offer them yours to prompt an exchange.

Make it memorable

When you first meet someone, ask them a few questions and see if you can associate their answers with their name.

Try an alliteration — for example, Sarah might work in Sales and like playing hockey, or Martin might work in Marketing and enjoy singing. (Bonus points if you can

If all else fails...

If you still can't remember their name, just ask

- Forgetting someone's name, or having someone forget your name is inevitable in situations where meeting multiple people. Be tactful and say something along the lines of, "I'm sorry, but I didn't catch your name," or "My apologies, could you repeat your name for me? I'm not sure I heard it right."

remember their names, where they work and a hobby and then use that in an introduction to someone else).

Remember where they are, and repeat their names in your head

This is one trick I've personally found to be effective in remembering names.

If you're standing in a group or sitting at a table, chances are you'll start at one end of the group and introduce yourself going around in one direction.

Take a moment during the conversation to go around the group and repeat their names in your head.



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You've made the cut, and now you're thinking 'but'

Career. How to know if an offer on the table will work for you

LAUREN
MARINIGH
TalentEgg.ca

Knowing whether a job is the right choice for you can be tough.

How do you know it will advance you to where you want to go? Since you'll be devoting a lot of time to that role, how can you be sure you're making the right decision?

Here are some things to consider before you accept a job offer.

Is it suited for your lifestyle?

Maybe you're looking for flexibility in your hours. Or perhaps you're looking for a typical Monday to Friday, 9 a.m. to 5 p.m. job.

Make sure you know how flexible this position will be. Some employers won't mention that you have to work overtime or outside of regular



Although you can't be too picky when deciding on a job, you want to be sure it is going to fit in with your lifestyle.
ISTOCK

office hours.

If you usually spend weekends out of town, a job that requires you to work weekends may not be the best choice.

Be upfront about your situation, and ask questions during the interview. Don't agree to a job that requires a two-hour commute if you have commitments before or after work that you're not willing to give up. Some em-

ployers are flexible with work arrangements, so be sure to bring this up during the interview stage.

Is the money right?

This area can be tricky. When considering your potential income, you should be realistic.

Do research on the position you're applying for, and compare the income your potential employer is offering you to others in your field.

Then, based on your experience, determine an income range you think would be fair to both you and the employer.

It's best if you do this research before your interview, as you will likely be given a salary quote during the meeting.

If you feel a company is holding back, remember you have the option of politely objecting, and making your

Can you see yourself fitting in?

During your interview, ask about company culture, and make sure to observe what the environment is like while you are visiting for your interview.

- Does it seem like a formal, corporate environment? Maybe it's more casual and laid-back. Most importantly, try to see if the employees seem like they enjoy their work.
- Company culture can be the ultimate deciding factor for a lot of people because it affects you every single day. In this case, going with your gut feeling can be a good thing. If the workplace gives you a bad vibe, there is probably a reason for it.

own suggestion.

However, if you decide to do this, make sure that you have solid reasons for deserving a higher wage. For example, if you have many years of experience in a related field, you should not accept the lowest pay bracket.

Young professionals and new grads should make sure they can live off of their income. But don't expect to have a ton of extra money.

Once you have some experience under your belt, you'll have some room to be more selective with your jobs and income.

Will this role help your career?

Keep in mind that if you pick this job, you do not have to work there forever.

Think about the opportunities the new job presents if you work there short-term, as well as the advantages of working there long-term.

This is especially true if you're a relatively new graduate looking to break into the industry.

Is this role in the field you are aiming for? If not, what transferable skills will you learn from this position that will help you down the road?



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Add a little sound to your professional surroundings

Career. When all is quiet on the office front, it might be best to break the silence

ROSIE
HALES
TalentEgg.ca

Breaking the silence could be your key to productivity.

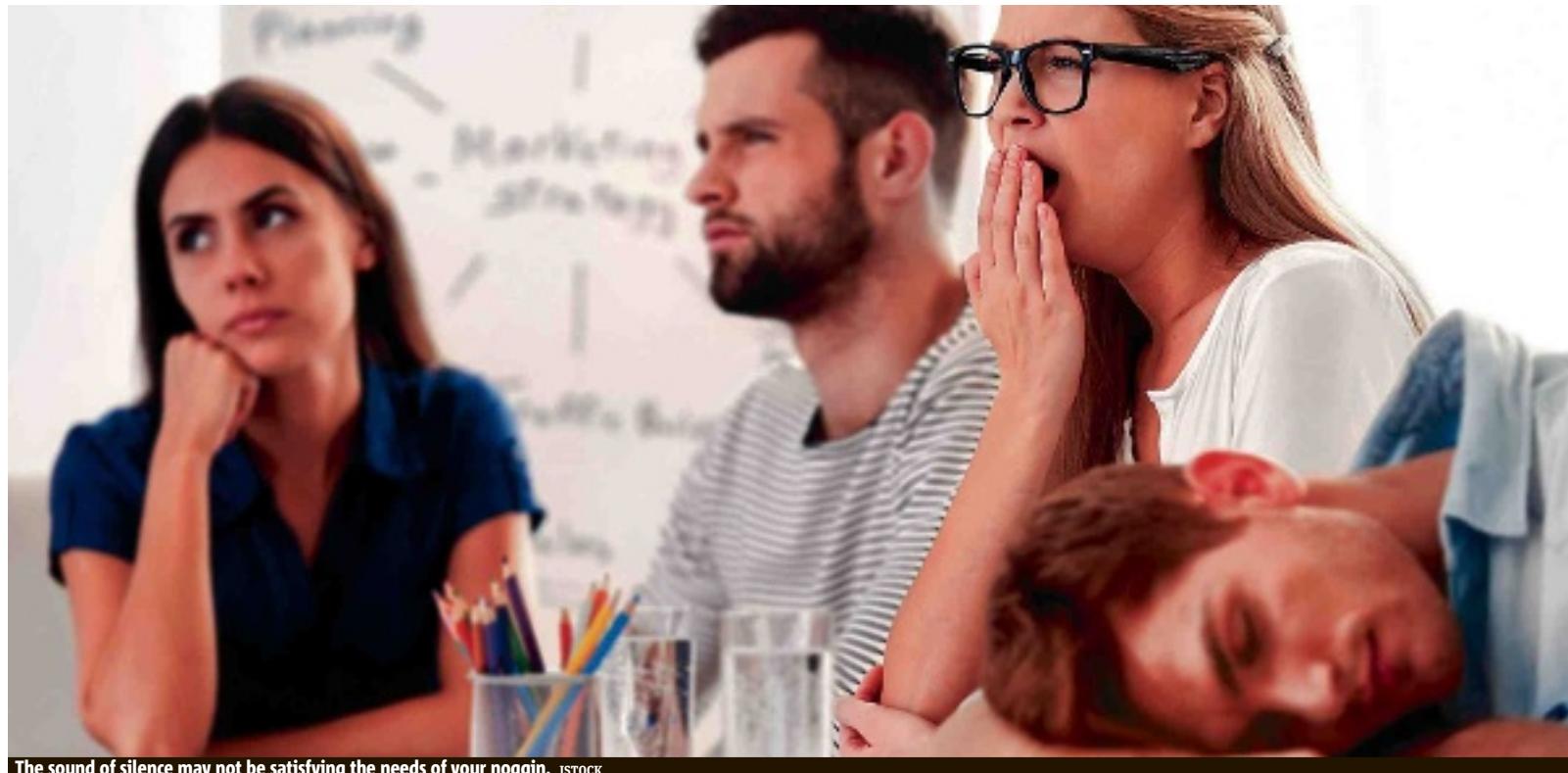
For many workers, the sound of a busy office can be incredibly distracting. But for others, an environment that's too quiet can be just as unsettling.

In either case, this results in many professionals reaching for their headphones.

Dr. Amit Sood from the Mayo Clinic told the New York Times that melodious sounds can help release dopamine, which is associated with reward.

In other words, listening to music can actually result in making your work experience much more enjoyable.

That fact isn't surpris-



The sound of silence may not be satisfying the needs of your noggin. iSTOCK

ing — personal music players have never been more

popular among youth and adults. But what types of

sounds actually increase your productivity? Read on to find out.

How does sound affect us?

Sounds can really change how we feel about an environment.

When we need to focus in on a task, using sounds can be a great way to drown out other distractions.

A study published in the Journal of Consumer Research found that a moderate level of ambient (or background) noise boosted productivity for many.

This could explain why coffee shops are such a popular spot for students and professionals to get their work done.

Ambient noise can also enhance creativity. The same study also showed how about 70 decibels of noise (the equivalent to a passenger car travelling on a highway) can enhance creative task performance.

Here are some tips to remember when searching for your ideal soundscape:

- Slow-paced sounds tend to relax
- Fast-paced sounds tend to stimulate
- Stochastic sounds, such as rainfall or coffee shop noise, are useful for working
- To avoid being distracted, you may want to choose

How does sound affect us?

Sound affects humans in four main ways:

- Physiologically: Sound can alter our heart rate, breathing rhythms, hormone secretions and our brainwaves.
- Psychologically: Hearing different noises can change our mood.
- Cognitively: Sound affects our productivity and how much we can accomplish.
- Behaviourally: The ability to hear is a primary warning sense for us and has an important effect on what we do and where we do it.

soundscapes which include conversations, telephones or alarms.

Where can I find some good soundscapes?

The Internet is full of soundscapes. Here are a few you can experiment with:

- ASofMurmur.com: This site lets you take your pick of ambient noises from a thunderstorm and fire, to white noise and crickets. You can make your perfect mix to cancel out any distracting noises.
- Coffitivity.com: This resource gives you the choice of sounds from a coffee shop in the morning, at lunchtime or on campus to suit whatever you're feeling.

This page also comes as an app for your smartphone

so you can bring coffee shop sounds with you wherever you go.

• Noisli.com: This site lets you mix different sounds to create a soundscape just for you. You can also pick noises based on whether you want to relax or be productive.

• RainyCafe.com: Combines the noises from a coffee shop with a rainstorm.

• SimplyNoise.com: If you're simply looking to drown out a noisy environment, this site allows you to pick from 3 different colours of noise: pink, white, and brown.

It is similar to the sound you hear when your TV loses its signal, but after a few minutes of listening, you'll forget the sound is there.

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A pharmacy in your pantry

Sick? Maybe what you need to feel better is what's in your kitchen

JACQUELINE KOVACS
For Metro

Has a cold or flu got you feeling too miserable to even go to the drug store for some over-the-counter meds?

If so, just shuffle to your kitchen, where you can find ingredients to create your own soothing remedy.

Honey

Who needs cough syrup when you've got honey? Studies have shown this sweet spread to be just as effective as dextromethorphan, the cough suppressant commonly used in over-the-counter cough medicine.

Mix honey with hot water and lemon and it'll soothe your throat, too.

Chicken soup

"There is total validity to chicken soup to help fight colds



Yes, there really is something to it. Have some chicken soup when you're sick. SHUTTERSTOCK

and flu," says Bryce Wylde, alternative health expert and medical director at P3 Health in Toronto, "but it really has to be true chicken soup with real chicken stock."

Green tea

A steaming cup of green tea not only helps keep you hydrated, which Wylde says is key when battling a seasonal bug, but it will also give your



A dose of green tea will keep you hydrated and give your body antioxidants. SHUTTERSTOCK

weary body a nice dose of antioxidants.

This will help neutralize the free radicals that come along with colds and the flu. Adding a squeeze of lemon to

your tea, says Wylde, boosts your brew with limonene and a hit of vitamin C.

Mustard

Loosen congestion with a

Did you know

It's called "the common cold" for a reason — it's the most common ailment in the world. Some 200 types of viruses cause the common cold, and experts estimate that by age 75, most of us have spent a total of two years coughing and sneezing.

mustard plaster. Combine one part mustard powder with two parts flour, and add just enough water to make a paste.

Spread the mixture into a tea towel, fold the towel in half and apply to your chest — never put the plaster directly on your skin. Check regularly to make sure your skin doesn't get irritated.

Salt

Relieve and help banish your sore throat by gargling with 1/2 teaspoon of salt dissolved in a glass of warm water a few times a day. Saltwater gargles can also help you get rid of phlegm.



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4 SPORTS



Manitoba skip Jennifer Jones watches her shot as lead Dawn McEwen, right, and second Jill Officer sweep during Tuesday's afternoon draw against Quebec at the Scotties Tournament of Hearts in Moose Jaw, Sask. JONATHAN HAYWARD/THE CANADIAN PRESS

Jones rock-solid, six matches into Scotties

Curling. Unbeaten Winnipeg rink has outscored the opposition 51-24

Manitoba's Jennifer Jones is showing why many consider her the skip to beat at the Scotties Tournament of Hearts.

She's winning close games when she needs to and is blowing out opponents, too. Jones and her team remained unbeaten Tuesday with a

comfortable 9-3 victory over Quebec's Lauren Mann at Mosaic Place.

"We find that everyone always brings their best game against us," said third Kaityn Lawes. "It's exciting because it keeps us on our toes and we have to be ready for every single game that we play out here."

The Winnipeg-based team has outscored the opposition 51-24 over their six victories. Ontario's Julie Hastings gave Jones a test in their opener and an extra end was required for an 8-7 win over Team Can-

Perfect record on the line

Alberta's Val Sweeting was also unbeaten after nine draws. She put her 5-0 mark on the line against British Columbia's Patti Knezevic in Tuesday's evening draw.

ada's Rachel Homan on Monday night.

Jones hit the clutch draw to the button for the victory over the two-time defending Scotties champion.

"I wouldn't want anyone

else throwing that last rock," Lawes said. "She's amazing in those pressure situations. She's just so talented and she has so much experience to draw on. She just loves to play and she loves playing for that butterfly feeling in those big moments."

The loss ended Homan's 22-game winning streak at this event. Jones was the last skip to beat Homan at the Scotties, topping her at the 2013 event in Kingston, Ont. Homan got her revenge by beating Jones in the final that year. THE CANADIAN PRESS

NHL

Senators recall goalie from ECHL

With their two top goaltenders out, the Ottawa Senators have recalled Chris Driedger from the East Coast Hockey League.

Robin Lehner was injured in a collision with teammate Clarke MacArthur in Monday's loss to the Carolina Hurricanes while Craig Anderson has been out with a hand problem since mid-January.

Andrew Hammond, who replaced Lehner against Carolina, could make his first NHL start Wednesday against the Montreal Canadiens.

Driedger is expected to serve as the backup, as coach Dave Cameron offered no update on Lehner's condition after Tuesday's practice. THE CANADIAN PRESS

Hockey

Wickenheiser's season over due to foot surgery

Hayley Wickenheiser will undergo season-ending foot surgery Wednesday and won't play for Canada at the upcoming women's world hockey championship.

The four-time Olympic gold medallist and Canada's all-time leading scorer played in last year's Winter Olympics in Sochi, Russia, with a broken bone in her left foot.

Wickenheiser wore a walking cast for three months following the Games. She had a screw surgically implanted last August but her foot has continued to give her problems this season.

THE CANADIAN PRESS

Bosch sentenced to four years in prison



Anthony Bosch's customers at the Biogenesis of America clinic included baseball stars Alex Rodriguez and Ryan Braun. ALAN DIAZ/THE ASSOCIATED PRESS

The former owner of a Florida medical clinic who posed as a doctor and illegally supplied steroid injections and other performance-enhancing drugs to professional baseball players and even high school athletes was sentenced Tuesday to four years in a federal prison.

Anthony Bosch — who choked back tears in court and said the clinic was a legitimate business gone awry — sought a more lenient term because of his co-operation in the investigation, but U.S. District

Quoted

"He was the mastermind. He was the one who recruited others to assist him."

U.S. District Judge Darrin Gayles on Anthony Bosch and the Biogenesis scandal

Judge Darrin Gayles refused.

"This defendant was the most culpable in this conspiracy," the judge said.

Prosecutors said Bosch could still see his sentence

reduced through further co-operation, including potential trial testimony.

Gayles said Bosch falsely held himself out as a licensed medical doctor at his Biogenesis of America clinic, where he accepted thousands of dollars a month to provide steroid injections to players such as New York Yankees star Alex Rodriguez and Ryan Braun of the Milwaukee Brewers. Most troubling, Gayles said, was Bosch's injections of high school players in the Miami area. THE ASSOCIATED PRESS

Blues draw PSG in Paris

Champions. Courtois gets credit for saving Chelsea's unlikely tie

Striker Edinson Cavani gave Paris Saint-Germain a Champions League lifeline Tuesday with a second-half equalizer as his team battled to a 1-1 draw with Chelsea in the last 16.

After defender Branislav Ivanovic put Chelsea ahead in the 36th minute of the first leg match with a looping header, Cavani equalized with a downward header in the 54th.

"The result is not in our favour, but what I retain is the spirit my players showed," PSG coach Laurent Blanc said.

Thibaut Courtois, preferred to Petr Cech in goal for the visitors, prevented a defeat.



Branislav Ivanovic's away goal gives Chelsea the advantage when their Champions League draw with Paris Saint-Germain heads back to London's Stamford Bridge for the second leg on March 11. FRANCK FIFE/AFP/GETTY IMAGES

In Ukraine

Alonso sent off in Bayern-Shakhtar 0-0 draw

Xabi Alonso was sent off in his 100th Champions League game as 10-man Bayern Munich was held to a 0-0 draw by Shakhtar Donetsk in their last 16 first-leg match on Tuesday.

On a freezing night in Ukraine, Bayern had the better chances but was thwarted by determined defending from Shakhtar and some poor shooting.

"We had more chances to score. Shakhtar Donetsk had none, zero," Bayern coach Pep Guardiola said. He added

On Tuesday

1

PSG

1

Chelsea

"Chelsea is lucky enough to have two goalkeepers of the very highest level," Blanc said.

He denied Cavani with a spectacular first-half save and made four other fine stops to give Chelsea an edge for the return leg on March 11.

Chelsea coach Jose Mourinho described Courtois' performance as "phenomenal."

"If you go to chances created, and the goalkeeper's performances, we have to be honest and say they had more," Mourinho said.

THE ASSOCIATED PRESS



Xabi Alonso, right, was sent off in a frigid night in Ukraine, as both Shakhtar Donetsk and Bayern Munich played mostly defence. 515 PHOTO CREDIT

that his "gameplan for today" had mainly focused on keeping Shakhtar's "very, very fast" forwards under control.

"Maybe for the next game in Munich our target, our game, will be completely different," Guardiola said.

THE ASSOCIATED PRESS

NFL

Hernandez swapped phones in police lot, jury hears

Jurors in the murder trial of former New England Patriots player Aaron Hernandez on Tuesday were shown surveillance video of him dismantling his phone outside a police station a day after the killing and making calls on his lawyer's phone.

Hernandez is accused in the June 17, 2013, killing of Odin Lloyd, who was dating his fiancée's sister. Lloyd's body was found in an industrial park not far from Hernandez's home in North Attleborough.

Hernandez had been asked to go to the station after police found in Lloyd's pocket a key to a Chevrolet Suburban that Hernandez had rented.

THE ASSOCIATED PRESS

FIFA election

Beckham hints at support for Figo

David Beckham waded into the FIFA presidential election on Tuesday, singling out former Real Madrid teammate Luis Figo in his bid to unseat Sepp Blatter.

The 39-year-old Beckham issued a statement that seemed to embrace Figo's candidacy for May's election. THE ASSOCIATED PRESS



David Beckham
THE ASSOCIATED PRESS

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RAM

2015 Ford Fusion Energi

- Type.** FWD, four-door, mid-size, plug-in hybrid electric vehicle (PHEV)
- Engine.** 2.0-litre I4/ Permanent Magnet AC (195 combined output).
- Transmissions.** CVT automatic.
- Price.** \$39,999/\$48,939.

Market position

- One of the most fuel-efficient midsized sedans you can buy; rated at 2.7 L/100 km equivalent combined gas and electric.
- \$9,000 more than a comparably equipped "non-plug-in" Fusion Hybrid.
- Appealing to those who need/want full EV mode for short trips, but also need/want a vehicle for longer trips, without range anxiety.

Points

- Powertrain similar to Fusion Hybrid, except for larger capacity lithium-ion battery pack, which takes up half the trunk.
- Electric-only top speed is more than highway-capable at 137 km/h.
- Electric-only range with a fully charged battery is about 30 kilometres.



The Fusion Energi qualifies for several substantial provincial green car rebates.

Notable features

- Standard MyFord Mobile mobile app to remotely monitor charging status.
- Plug-in port features cool-blue light ring that pulses when charging.
- Top-shelf Titanium model features 10-way power driver and passenger seats, inflatable rear seat belts, and super classy 17-inch aluminum wheels.

Ford's plug-in hybrid bristles with tech

PHOTOS: MIKE GOETZ



Review. Ford Fusion Energi works as a hybrid, EV, and as a totally usable and good-looking sedan

MIKE
GOETZ
drive@metronews.ca

Plug-in hybrids have yet to develop an identifiable personality and/or critical following. To most of us, they are little more than technical curiosity.

But they offer something neither a regular hybrid nor a full EV can deliver: You get to decide how much of the EV religion you want to partake of — plug in and turn on if you want to; plug out and turn off if you're not feeling it.

Truth be known, I wasn't exactly feeling it during the week of our test with the 2015

Ford Fusion Energi (top-shelf Titanium trim level), because frigid February temperatures robbed about a third of the potential 30-kilometre range available in the Energi's lithium ion battery pack after a full night's charge.

And to get that charge, I had to run a very long electrical cord through the snow from a back-of-the-house outlet. To top it off, gas was cheap that week. Nonetheless, I plugged in and felt good about it.

It's entirely possible to drive the Energi normally so it will deplete its electrical charge before firing up its gas engine and retreating to normal hybrid mode. The Energi can go quite fast — 137 km/hr — in pure electric mode.

In a regular hybrid, you might get two to three kilometres of pure EV mode, so the gas engine kicks in before you've even figured out your radio selection. But the Energi



If you are of the opinion that cars are already too computerized, this might not be your ride.

gives you enough EV range for a total EV commute (if it's not too long), and for a real EV experience, that smooth, silent, and (virtually) carbon-free propulsion which feels like The Future.

It's other main party trick is that it also gives you every-

thing the normal Fusion does, namely terrific looks, real five-passenger seating, and excellent ride dynamics, though you do feel the extra weight of that bigger battery, and overall power is not overwhelming.

Inside is a full complement of switches and information

Compare



1 Toyota Prius Plug-in
Base price: \$37,425
Less electric-only range, proven performer.



2 Chevrolet Volt
Base price: \$39,995
All-new 2nd-gen 2016 Volt coming later this year.



3 2016 Mitsubishi Outlander Plug-in
Base price: TBA
Best-selling PHEV in Europe comes here next year.

displays, and then some, to keep you abreast of charging, depletion, range, regenerative braking, etc. There is even a coaching function to help leverage EV modes. After a bit of initial tech shock, you start to explore the functions and see that it will still be possible to be the master of your domain, without resorting to screaming and/or manual consulting.

The only downsides appear to be cost, which can be partially overcome with provincial green car rebates, and a trunk dominated by the battery pack. Taking two other hockey pals to our weekly pick-up game meant two hockey bags had to go in the back seat; the trunk only held one. On the way back, we mutually decided that hockey bags really need to go in the trunk.

5
DRIVE

Shift: From hybrids, technology, new vehicles and the environment, to saving money at the pumps

Sonata plug-in hybrid may allow many drivers to turn off the gas

Korean automaker Hyundai rolled out its 2016 Sonata Plug-in Hybrid at the recent auto show in Detroit, saying it will travel up to 35 kilometres on battery power alone before the four-cylinder gas engine comes into the picture. The company says many short-distance drivers, particularly those in urban areas, will be able to get through most days without having to engage the car's 154-horsepower engine. The lithium polymer battery pack gives it an all-electric range that is about twice that of the current Toyota Prius when driven in EV Mode. The vehicle will be built in South Korea and go on sale in select markets later this year. No price was announced.

ALL STORIES AND PHOTOS FROM WHEELBASEMEDIA.COM

The 2016 Hyundai Sonata hybrid will travel 35 kilometres on electricity alone before the gas engine is required.



Bolt EV would embrace affordability

Knowledge gained by Chevrolet in producing its Volt and Spark electric vehicles has allowed General Motors to make "tremendous strides" in technologies that make it easier, and more affordable, for customers to buy into the all-electric movement. Enter the Bolt EV Concept, an electric compact designed to offer 320 kilometres of range and starting at about \$37,000. It's designed "for attainability, not exclusivity," said GM CEO Mary Barra, who added that electrification "is a pillar for future transportation, and needs to be affordable for a wider segment of customers." Barra didn't say if GM will put the Bolt into production, but with a send-up like that, how could they not?



The Bolt is just a prototype, with GM studying its feasibility. The key selling points are a 320-km range and a price of about \$37,000.

Shift points

- With steel and aluminum giving way to carbon composite materials that are lighter and stronger, scientists are looking at ways to build cars using cotton and other botanical fibres that can be formed into new types of hybrid composites.
- Hyundai showed its hydrogen-powered Intrado concept at the recent Montréal International Auto Show, for the first time in North America. Named for the underside of an airplane's wing that provides aerodynamic lift, it sports a carbon-fibre frame, lightweight parts and Hyundai's latest hydrogen fuel-cell powertrain.
- Utah-based Via Motors has passed U.S. environmental certification, allowing it to deliver its range-extended electric vans, pickups and sport-utility vehicles to fleet customers.

BMW electric car sales are strong, and growing

After little more than a year in production, BMW's all-electric i3 city car has surpassed many industry sales projections. The company says it sold more than 16,000 i3s globally in 2014 (at a starting price in Canada of \$45,000), along with 1,741 i8 electric sports cars (starting at \$145,000). Both vehicles are built in the same flexible plant in Germany, which has recently shifted more of its production capacity to the i8, "to reduce customer waiting times to a better level."



Both the i8 electric sports car, below, and the i3 electric city car, right, are built at the same BMW plant in Germany.



Wheelys 2 is a coffee shop on wheels

Sweden's Nordic Society for Invention and Discovery has developed the Wheelys 2 for budding entrepreneurs: an electric-assist tricycle that doubles as a mobile coffee shop. Unlike the non-electric Wheelys 1 refreshment-stand-on-wheels, this second model adds electric- and/or manually pumped running water, a liquid-crystal-display menu board that links to the operator's smartphone, a 20-litre water tank, a music speaker, a router for turning the tricycle into a Wi-Fi hot spot and an adjustable roof that lowers for riding, reports Gizmag. Its on-board battery provides power to the electric drive-assist motor, and solar panels help charge the battery when the mobile café is parked. The Nordic society is currently raising production funds for Wheelys 2 through Indiegogo.



Fuel efficiency rated as a top concern among new-car shoppers

Here's an encouraging sign that drivers are finally starting to worry about the environment. Despite gasoline prices being at a six-year low, fuel economy remains the most important criteria for shoppers when buying a new car. So concludes J.D. Power in its 2015 U.S. Avoider Study, in which the researcher polled 30,000 owners of new vehicles in April and May of 2014. It found that of all the factors those shoppers considered when buying their new car, 14 per cent cited fuel economy as their top concern, more than any other criteria on the list of questions asked.

Check out some of the reasons why Nissan is



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SL AWD Premium model shown[▲]

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ON OTHER PATHFINDER MODELS



Platinum model shown[▲]

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Nismo model shown[▲]

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Lease payments of \$60/\$90 on the 2015 Rogue/2015 Pathfinder must be made on a monthly basis and cannot be made weekly. Weekly lease payments are for advertising purposes only. [†]No charge All-Wheel Drive (AWD) has an equivalent value of up to \$2,180/\$2,000/\$2,000 applicable on all 2015 Juke[®] models (except Juke[®] SV FWD M6/CVT (N5RT55 AA00)/Juke[®] SV FWD CVT (N5RT15 AE00)/Juke[®] Nismo RS, FWD (N5YT55 AA00)/ 2015 Rogue models (except Rogue S FWD (Y6RG15 AA00)/Rogue SV FWD (Y6SG15 AA00)/2015 Pathfinder models (except Pathfinder S V6 CVT 4x2 (5XRG15 AA00). Offer only applicable on cash purchase or standard finance rates through NCF. Discount is deducted before taxes. [‡]Representative monthly lease offer based on any new 2015 Rogue S FWD CVT (Y6RG15 AA00)/ 2015 Pathfinder S V6 4x2 (5XRG15 AA00) CVT transmission. 1.99%/2.9% lease APR for a 60/60 month term equals 60/60 monthly payments of \$261/\$389 with \$0 down payment, and \$0 security deposit. First monthly payment, down payment and \$0 security deposit are due at lease inception. Prices and payments include freight and fees. Lease based on a maximum of 20,000 km/year with excess charged at \$0.10/km. Total lease obligation is \$15,632/\$23,342. This offer is only valid from Feb 13 – Mar. 2, 2015. Includes \$1,000 Bonus on Rogue & Pathfinder – Juke is \$750. This includes \$250 dealer participation. This bonus cash is only available on subvented contracts through NCF, excludes cash purchase buyers. Conditions apply. ^{††}Representative finance offer based on 2015 Juke SV AWD (N5AT15 AA00) CVT transmission. Selling Price is \$25,057 financed at 0.99% APR equals 60 monthly payments of \$428 for a 60 month term. \$0 down payment required. Cost of borrowing is \$635.40 for a total obligation of \$25,693. This offer cannot be combined with any other offer. Conditions apply. \$750 cash bonus included in advertised amount, which includes \$250 dealer participation. [▲]\$31,882 Selling Price for a new 2015 Pathfinder S V6 CVT 4x4 (5XBG15 AA00)/2015 Juke[®] SV AWD CVT (N5AT15 AA00). Conditions apply. [†]Models shown \$36,482/\$48,502/\$30,807 Selling Price for a new 2015 Rogue SL AWD Premium (Y6DG15 BK00)/2015 Pathfinder Platinum (5XEG15 AA00)/2015 Juke[®] Nismo AWD CVT (N5ZT15 AE00). Cash bonus not included in model shown pricing. ^{‡‡}Freight and PDE charges (\$1,750/\$1,720/\$1,695), air-conditioning levy (\$100) where applicable, applicable fees (all which may vary by region), manufacturer's rebate and dealer participation where applicable are included. License, registration, insurance and applicable taxes are extra. Lease and finance offers are available on approved credit through Nissan Canada Finance for a limited time, may change without notice and cannot be combined with any other offers except stackable trading dollars. Retailers are free to set individual prices. Dealer order/trade may be necessary. Vehicles and accessories are for illustration purposes only. Offers, prices and features subject to change without notice. Offers valid between Feb 13 – March 2, 2015. ^{}Nissan is the fastest growing brand in the non-luxury segment based on comparison of 12-month retail sales of all Canadian automotive brands and 12 months average sales growth. ^{**}Ward's Large Cross/Utility Market Segmentation. MY15 Pathfinder vs. 2015 and 2014 Large Cross/Utility Class. Offers subject to change, continuation or cancellation without notice. Offers have no cash alternative value. See your participating Nissan retailer for complete details. ^{†††}1998-2015 Nissan Canada Inc. and Nissan Financial Services Inc. a division of Nissan Canada Inc.

What test car is Garry bringing us this week? We literally have no clue what he's bringing us until it lands in our driveway, but who are we to doubt Garry Sowerby, who has a bazillion Guinness records for around-the-world driving? That's a bazillion more than we have, after all. Come along and find out as we drive 'em, dirty 'em and shoot 'em with our phone cams. These are real-life, no-glam reviews.

JEFF MELNYCHUK
wheelbasemedia.com

Practical performance is its Forte

Special delivery. Kia's Forte5 is an intriguing combination of a semi-hot hatchback and a roomy, well-appointed family hauler

It took me five days to realize that this car was turbocharged.

And it took the guy who works at the wine store to clue me in.

Granted, my pal Steven Bourque is the Google go-to when it comes to knowing the tiniest details about new cars. Kind of an automotive Rainman. Definitely.

But the fact my butt could not instinctively tell by driving the Forte5 SX, either, means that Kia has done a pretty good job of banishing/masking turbo lag once and for all, or that the car just doesn't have enough kick-in-the-pants power to make you realize there's a turbocharger (a power adder) in there at all.

The answer would seem to be a bit of both.

Steven says he knew it was a turbo model by the "flowery" wheels. Of course the "GDI-t" badge on the rear hatch is also a giveaway.

Doh!

Anyway, the 1.6-litre turbo engine makes 201 horsepower, which actually isn't a whole lot more than the non-turbo 2.0 found in the base Forte (the SX that Garry dropped off on my doorstep is the top trim).

That makes me wonder what the point of building a turbo engine is, if there isn't any perceptible boost to make me giggle.

It could be the six-speed automatic transmission dulling the sensation a bit, but paddle-shifting it in a sporty matter is actually quite fun.

I just wish it were all-wheel drive for this horror show of a winter I'm having, which might not be an unreasonable request given a tax-in price of about \$31,000.

That price includes heated leather seats, high-intensity-discharge headlights,



The \$31,000 price tag for the Kia Forte5 SX includes such premium features as heated leather seats and steering wheel, HID headlights, backup camera and navigation. JEFF MELNYCHUK PHOTOS



Flowery wheels and a rear badge help distinguish the turbo model.



The weak stereo is a letdown for a premium vehicle, and the creepy orange LCD lighting for the clock and climate controls is just plain wrong.



The 1.6-litre turbo engine makes 201 horsepower.

High-lows

• **WOWS:** You can fit a lot of stuff in the Forte5. It has a smooth ride and drive, even with cold, low-profile tires on craggy winter roads. The car is well-appointed, which adds to its decent value.

• **HMMS:** Pretty smooth engine, but not as sporty as the badges let on. Consider it a premium engine, not a performance piece. There's a little too much going on inside, which detracts from the premium feel.

backup camera, heated steering wheel and navigation.

For a top model, though, the hollow-sounding audio system is a letdown.

And the creepy orange LCD lighting for the clock and the climate controls is just wrong, especially when compared to the subtle elegance of something like the Volkswagen GTI, which is

Quoted

"The long hatchback is undeniably roomy and functional. It's like a scaled-down minivan — even if no one realizes it."

the hot-hatch standard and is similarly priced to this Kia.

The VeeDub also doesn't rely on trendy carbon-fibre trim (fake or real) or bizarre shapes like the radiating vertical slashes in the Forte5's dashboard and door panels.

The GTI's engine has much more power, and the stereo is massively better, too.

Being practical, though, is more the Forte's forte. The long hatchback is undeniably roomy and functional. It's like a scaled-down minivan — even if no one realizes it.

But the similarities became obvious when Garry arrived at the end of the week with a Kia Sedona minivan for my next test.

Garry moved all his travelling junk from one vehicle to the other without batting an eye or having to bend over all that much.

"Roomy, eh?" he notes. And, suddenly, I get it. I didn't realize the Forte5 was turbocharged because I just wasn't expecting it out of a practical family hauler.

Sneaky.



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Titanium Model Shown

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Versatile Liberty has a few minor quibbles

Second gear.
2008 to 2012
Jeep Liberty

JUSTIN Pritchard
drive@metronews.ca

Packing surprising off-road capability, V6 power and a long list of available high-end features, this final generation for the Jeep Liberty connected with buyers looking for a vehicle that could tackle almost anything.

The five-seat 4x4 has a real transfer case with low-range gearing, hill-descent control, plenty of ground clearance, skid-plates and removable, replaceable fender flares. Being Trail Rated means the Liberty meets a variety of off-road criteria, including water fording and hill climbing.

Common Issues

Start your test drive by making sure the Liberty hasn't been carelessly off-roaded or swamped in deep water or

mud. Warning signs include sand or silt buildup in and around the bottom of the radiator, or excessive mud and dirt packed underneath the body.

Check the automatic transmission for signs of slippage or shudder at lower speeds, which could indicate a problem with the transmission, or the computer that controls it. If so, have it checked by a mechanic. Also look for signs of oil leakage around the rear of the oil pan and the rear differential. Watch for any "check engine" or "service 4WD" lights.

During your test drive, any clunking or popping sounds likely indicate a worn-out suspension component. And the four-wheel-drive system should switch easily between modes. Ensure proper operation of the power locks and windows. And some owners report problems with the air conditioner.

Finally, if the model you're considering has the panoramic cloth convertible roof, be sure the material shows no signs of tearing and that the roof can be opened and closed fully.



CONTRIBUTED



What owners like

↑ Capability, interior flexibility, up-level features, ride comfort and confidence were all rated highly. Visibility is also good, as is the upper-level stereo system.

What owners dislike

↓ Many owners complain about road and tire noise at speed, a lack of room in the front footwells, and the long reach to the shift lever, which is mounted towards the passenger side of the centre console.

Engines

⊖ All models in this generation were powered by a 3.7-litre, 210-horsepower V6.

The verdict

Finding a reliable and enjoyable used Liberty should be easy with a little common sense. Shop patiently, seek out a model with all maintenance records and a thumbs-up from your mechanic, and you will find a capable and rugged driving companion.

Finland touts world's most powerful electric supercar

Drive. The Toroidon 1MW Concept is due to be unveiled at the 2015 Top Marques Monaco

Toroidon, a brand new manufacturer out of Finland, has announced an all-electric concept with 1000 kW — the equivalent of 1,341 horsepower.

The Toroidon 1MW Concept will be unveiled in a world premiere at Top Marques Monaco, the luxury car show set to take place from April 16 to 19.

Described as equally suited to the track and the open road, the Toroidon 1MW Concept was hand-assembled in Finland using artisanal techniques and high-tech materials.

In terms of pure power, according to the manufacturer's claims, the Toroidon 1MW Concept would rank between the Bugatti Veyron 16.4 Grand Sport Vitesse (1,200hp) and the Koenigsegg One:1 (1,400hp). Among all-electric vehicles, however, it is slated to be by far the most powerful ever made.

Top Marques Monaco will showcase around 60 supercars and customized

vehicles, including the Evantra by Mazzanti and the Lamborghini Aventador by Hamann Motorsport. Clients will even have the option of testing these vehicles on a private section of a Formula 1 track before making their purchases.

The star of this 2015 edition is expected to be the AeroMobil 3.0, a car with the ability to transform into a two-seater plane.

The latest iteration of this exceptional Slovakian vehicle, which has top speeds of 160 km/h on land and 200 km/h in the air, will be unveiled to the public at the exclusive Monaco car show. APP

For more information on this sleek supercar, visit topmarquesmonaco.com. TOROIDION / AFP

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GT model shown

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GT model shown

2015 MAZDA6 GX

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bi-weekly for 48 months, with \$1,995 down.
Excludes HST.

THAT'S LIKE
LESS THAN
\$10 PER DAY



GT models shown

2015 MAZDA3 SPORT GX

LEASE FROM
\$89[‡] at **0.79%** APR

bi-weekly for 36 months, with \$995 down.
Excludes HST.

THAT'S LIKE
LESS THAN
\$7 PER DAY



2015 CX-5 GX

FINANCE FROM
\$139[†] at **1.99%** APR

bi-weekly for 84 months, with \$1,495 down.
Excludes HST.

THAT'S LIKE
LESS THAN
\$10 PER DAY

MAZDA

UNLIMITED

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3-YEAR
NEW VEHICLE
UNLIMITED MILEAGE WARRANTY

3-YEAR
ROADSIDE ASSISTANCE
UNLIMITED MILEAGE

5-YEAR
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UNLIMITED MILEAGE WARRANTY

7-YEAR
ANTI-PERFORATION
UNLIMITED MILEAGE WARRANTY

VISIT MAZDA.CA FOR DETAILS.

zoom-zoom

RESERVE AN EXCLUSIVE TEST DRIVE TODAY



▼Based on total Automobile Journalists Association of Canada (AJAC) Category wins (various) up to the 2014 model year. ▲With the lease or finance of a new 2015 Mazda3 model a \$500 February Bonus will be deducted from the negotiated price after taxes. Offer valid February 13 - 21, 2015 only. Cannot be combined with cash purchase offers. See dealer for details. *To learn more about the Mazda Unlimited Warranty, go to mazdaunlimited.ca. 10% APR Purchase Financing is available on select new 2015 Mazda models. Terms vary by model. Based on a representative agreement using an offered pricing of \$17,752 for the new 2015 Mazda3 GX (D4XXK65AA00) with a financed amount of \$18,000, the cost of borrowing for a 36-month term is \$0, monthly payment is \$500, total finance obligation is \$18,000. Offer includes freight, P.D.E. and fees. Offer excludes HST. Finance Pricing for new 2015 Mazda3 GX (D4XXK65AA00)/2015 CX-5 GX (NWXK65AA00) is \$17,752/\$25,144 financed at 1.99%/1.99% over 84/84 months equals 182/182 bi-weekly payments of \$97/\$139 with \$995/\$1,495 down payment, cost of borrowing is \$548/\$782 with a total obligation of \$18,299/\$25,926. As shown, Finance Pricing for new 2015 Mazda3 GT (D4TL65AA00)/2015 CX-5 GT (NXTL85AA00) is \$27,852/\$35,644 financed at 1.99%/1.99% over 84/84 months equals 182/182 bi-weekly payments of \$157/\$201 with \$995/\$1,495 down payment, cost of borrowing is \$862/\$1,129 with a total obligation of \$28,733/\$36,773. Offers include freight, P.D.E. and fees. Offers exclude HST. *Offer available on retail leases of new 2015 Mazda3 GX (D4XXK65AA00)/2015 Mazda3 Sport GX (D5XK65AA00) with a lease APR of 0.79%/0.79%/0.49% and 78/78/104 bi-weekly payments of \$85/\$89/\$139 for 36/36/48 months, the total lease obligation is \$7,664/\$7,939/\$16,460, including down payment of \$995/\$995/\$1,995. As shown, Offered Pricing for new 2015 Mazda3 GT (D4TL65AA00)/2015 Mazda6 GT (G4TL65AA00) with a lease APR of 0.79%/0.79%/0.49% and 78/78/104 bi-weekly payments of \$163/\$170/\$191 for 36/36/48 months, the total lease obligation is \$13,706/\$14,219/\$21,910, including down payment of \$995/\$995/\$1,995. Lease payments include freight and P.D.E. of \$1,695/\$1,695/\$1,695. 20,000 km per year mileage allowance applies; if exceeded, additional 8¢ per km applies. Offers exclude HST. Offered leasing available to retail customers only. Licence, insurance, dealer administration and other fees, taxes and down payment (where applicable) are extra and may be required at the time of purchase. Dealer may sell/lease for less. Dealer order/trade may be necessary on certain vehicles. Offers valid February 3 - March 2, 2015, while supplies last. Lease and finance on approved credit for qualified customers only. Offers subject to change without notice. Visit mazda.ca or see your dealer for complete details.



GET THERE IN A SUBARU THIS WINTER, EVEN WHEN OTHERS CAN'T.



2015 IMPREZA 2.0i

\$229 LEASE PAYMENT
FOR 24 MONTHS*

\$2,711 DOWN* | 0.5% LEASE RATE*

WELL EQUIPPED FROM
\$21,921



MODELS EQUIPPED
WITH EYESIGHT®

SYMMETRICAL AWD

2015 OUTBACK 2.5i

\$329 LEASE PAYMENT
FOR 24 MONTHS*

\$3,582 DOWN* | 0.9% LEASE RATE*

WELL EQUIPPED FROM
\$31,276



MODELS EQUIPPED
WITH EYESIGHT®

SYMMETRICAL AWD



Confidence in Motion

With the power of Symmetrical Full-Time All-Wheel Drive, you'll get there no matter what the weather conditions are. Just don't be upset if other people can't make it.

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WE ARE LOOKING FOR USED SUBARU'S

*Ratings are awarded by the Insurance Institute for Highway Safety (IIHS) (www.iihs.org). To qualify for 2015 TOP SAFETY PICK+, a vehicle must earn good ratings in the moderate overlap front, side, roof strength and head restraint tests; a good or acceptable rating in the small overlap front test; and an advanced or superior rating for front crash prevention. The 2015 TOP SAFETY PICK+ designation applies only to 2015 Impreza/Outback models equipped with optional EyeSight® technology. MSRP of \$19,995/\$29,295 on 2015 IMPREZA 2.0i (FF1-20)/ 2015 OUTBACK 2.5i (FD2-BP). Lease rate of 0.5%/0.9% for 24/24 months. Monthly payment is \$229/\$329 with \$2,711/\$3,582 down payment. Option to purchase at end of lease is \$13,880/\$19,628 with \$3,323/\$4,420 due on signing. Advertised pricing consists of MSRP plus charges for Freight/PDI (\$1,595 on 2015 Impreza; \$1,650 on 2015 Outback), Air Tax (\$100), Tire Stewardship Levy (\$27.15), OMVIC Fee (\$5), Dealer Admin (\$199). Freight/PDI charge includes a full tank of gas. Taxes, license, registration and insurance are extra. \$0 security deposit. Models shown: 2015 Outback 2.5i Limited Package (FD2 LP) with an MSRP of \$35,895. 2015 Impreza 2.0i Limited Package with Optional Technology Package (FF2 LPE) with an MSRP of \$29,395. Dealers may sell or lease for less or may have to order or trade. Vehicles shown solely for purposes of illustration, and may not be equipped exactly as shown. Offers expire March 2, 2015. See your local Subaru dealer for complete program details.



Horoscopes by Sally Brompton

Aries

March 21 - April 20

There's an air of mystery about you right now, and others are having a hard time working out what you are up to. Chances are you're not up to much, but it amuses you to have them think otherwise.

Taurus

April 21 - May 21

Focus on your dreams and wishes and don't worry if they seem a bit far-fetched. Today's new moon makes all things possible, so aim high.

Gemini

May 22 - June 21

The sun's move into the career area of your chart today means you can win friends and influence people, if you make the effort.

Cancer

June 22 - July 23

Should you stay quiet on an issue you have strong opinions about, just to keep things calm? No, you should not. Speak up and let the world know what you believe.

Leo

July 24 - Aug. 23

If your sixth sense tells you that someone is not to be trusted you must not ignore it. Err on the side of caution.

Virgo

Aug. 24 - Sept. 23

As the sun moves into the relationship area of your chart today you will need to start working more closely with certain individuals. In the long term it will be worth it.

Libra

Sept. 24 - Oct. 23

Try not to push yourself quite so hard over the next few days. You can save a lot of time and energy by learning from other people's mistakes.

Scorpio

Oct. 24 - Nov. 22

The sun moves into the most dynamic area of your solar chart today, marking the start of a much more upbeat phase in just about every area.

Sagittarius

Nov. 23 - Dec. 21

The cosmic changes now taking place will help you get to grips with issues that have been causing you grief. Time to move on.

Capricorn

Dec. 22 - Jan. 20

Aim to be on the move today because it is the people you meet along the way who will make things happen for you.

Aquarius

Jan. 21 - Feb. 19

It will pay you to be friendly to everyone you meet today, even those who have not always been friendly to you in the past. Your most pressing concern now is to make some extra money.

Pisces

Feb. 20 - March 20

This is a hugely important day for you. Not only is there a new moon, but the sun's move into your sign means a new start is possible. How and where in your life would you like to wipe the slate clean?

Crossword: Canada Across and Down by Kelly Ann Buchanan

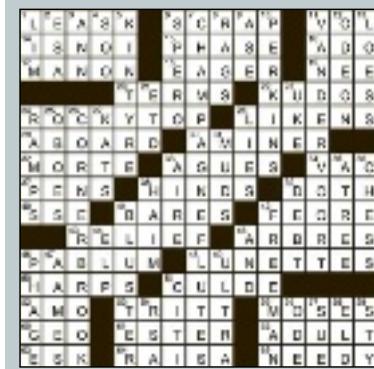
Across

- English horn, __ anglais
- Land measure, e.g. 14
- Mr. Nicholson's
- With: French
- Old Testament twin
- Mixtures
- Biblical peak
- Quebec municipality on Lac-Saint-Pierre
- Mr. Hershiser
- Pup's bark
- Palm's place, puny-ly
- I __ Pieces
- Crystal __, Juno-winning country singer
- Cut __ (Dance)
- One: Spanish
- Poet's "atop"
- Glad
- Online shopper's selecting-stuff button: 3 wds.
- Regrettably
- Self-respect
- Mr. Carrey's
- Governor General of Canada spouse's title, __ Consort
- Salon product
- Fair-hiring letters
- Hole-punching tool
- British singer Ms. Henderson
- Hall of Fame's new member
- New __ (Big Apple denizen)
- Feminine pronoun
- Basic learning, informally
- Bout ender, informally
- King found in that parking lot in England in 2012: name + Roman Numeral
- Poet Mr. Pound

Down

- Grande __, Quebec City's popular street
- Australian band
- Transportation mode
- Bagpipes sound
- Teas: French
- Uncle on Family Ties
- Is ' __ ' French
- Face/Off (1997) director: 2 wds.
- Saskatchewan village
- U.S. President, to the mil.
- __-i-Noor Diamond
- Compass dir.
- Slump

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers



Conceptis Sudoku by Dave Green

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

1	4	7	9	5	8	3	2
6	3	5	1	2	8	4	7
2	8	9	3	7	4	6	1
9	6	4	2	1	3	5	8
7	1	3	8	4	5	2	9
8	5	2	6	9	7	3	4
5	7	6	4	3	1	9	2
4	9	8	7	6	2	1	5

3		7				1	
9							6
		3	5				
6	2			4			
	3				5		
			5		6	4	
				1	2		
8					9	4	7

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